

Is a Deep Cleaning the Same as a Regular Cleaning at the Dentist?

During your consultation, your [Emergency Dental Care](#) will tell you both benefits and risks of deep cleaning. But the question arises: What is the difference between regular dental and deep dental cleaning?

What is Deep Cleaning Teeth?

When your dental professional refers to deep cleaning treatment, you often struggle with gum diseases or infections. Gums disease occurs when you don't have good dental habits, such as brushing and flossing your teeth at least twice a day. And plaque buildup doesn't remove from your teeth. Over time, plaque buildup turns into tarter and hence cavities and infectious diseases to your teeth and gums. Another common term for deep cleaning is dental scaling of your teeth.



Gum Disease

Gum disease is bacteria buildup over time, resulting in plaque buildup. Furthermore, this plaque has built up, spreading down the tooth and into the gum. When this happens, this position is known as periodontal disease or gum disease. Some of the most common **Periodontitis Symptoms** include:

- Long bad breath that won't go away
- Reddish or swollen gums
- Tenderness and inflammatory bleeding gums
- Immense Pain while eating or chewing
- Loose and Sensitive teeth
- Receding gums or longer-appearing teeth.

Each of the following signs and symptoms can occur for a reason; however, if you experience more than once simultaneously, you are more likely to experience gums disease.

You should contact an **emergency dentist** for proper examination and diagnosis of your dental issues. Your dentist will offer a few treatment options for infectious gums diseases.

Why is Deep Cleaning Teeth Important?

The process of deep cleaning your teeth includes various steps, not just simple cleaning. Whereas many cleaning would stop at simply removing plaque from the surface of your teeth, deep cleaning cleans the teeth along and into the gum line. And better allows your gums to properly reattach your teeth and clean any unwanted plaque and bacteria.

What else goes into deep cleaning treatment that makes it different from regular cleaning, and is it worth talking with your dentist about deep cleaning your teeth? Let's look into the advantages of deep cleansing your teeth to understand the procedure better.



Deep Cleaning Pros

- It can reduce the effects of gum disease and helps your teeth and gums from infections.
- Cleans your teeth much more thoroughly than any other at-home treatment
- Protects your tooth's roots or structure of your teeth from bacteria and plaque
- It's a simple procedure but may require more than dental visits
- It helps to relieve bad breath and swollen gums

Conclusion

Dental deep cleaning, also known as root planing and scaling. Also, it involves special techniques to get rid of plaque, tartar, and bacteria below your gum line down to your tooth roots. This also prevents gum disease from advancing and causing tooth loss. So early treatment can save your teeth; if you find any such condition, you should visit an **emergency dentist** for an examination and diagnosis of your teeth.

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