

## Which Is The Best: Professional Or Home Teeth Whitening Procedures?

Teeth whitening is a procedure to whiten your teeth to its natural color and even whiter. There are a lot of reasons due to which your teeth get discolored. Food and drinks such as alcohol, tea, coffee, soda, etc. are the most usual factors of this discoloration. Smoking is also one of the major factors of teeth discoloration causing dull and greyish colored teeth. In many cases, tar and pure nicotine stay with the plaque and it cannot even be removed by brushing. Increasing age is also one of the common factors of teeth discoloration.



Peroxide is the most commonly and extensively used approach to boost discoloration of teeth. The **teeth whitening dentists** use hydrogen peroxide and carbamide peroxide for teeth discoloration therapy. Nevertheless, hydrogen peroxide is used majorly as compared to carbamide because hydrogen peroxide is 3:1 more powerful than carbamide.

Consequently, the teeth whitening dentist prescribes carbamide peroxide for [teeth whitening at home](#).

So, which are the ideal teeth whitening for you? Specialist or **at-home teeth whitening from dentist**?

Prior to you, select specialist teeth lightening below are some of the important things you need to think about.

**Cost and affordability:**

As pointed out earlier, although the **teeth whitening cost** from a specialist has reduced for many years. Specialist teeth whitening can be carried out in beauty parlors by dental experts and by mobile specialists.



If you pick not to have an in workplace therapy with your [teeth whitening dentist near me](#) you can select a lightening package, which will certainly be offered to take home, generally with customized fitted trays and also Carbamide peroxide.

### **Safety**

It is important that you talk with your lightening service technician or dental practitioner to make sure that the product being utilized appropriates for you, and that you are not adverse any one of the components. It is also vital to guarantee that your treatment is executed by a qualified person.

### **Home teeth whitening**

There are a lot of teeth whitening products such as crest bleaching strips, whitening gels consisting of sodium perborate, gels consisting of both hydrogen peroxide and carbamide peroxide, etc. that are readily available in the market for home teeth whitening.

Points to consider if you choose at-home teeth lightening

### **Price and cost**

The price of home teeth whitening is much lesser than professional teeth whitening. The teeth whitening clinics near me will include various charges which make the treatment more costly. However, at-home teeth whitening treatment includes only the cost of the teeth whitening product that makes it affordable.

### **Safety and security**

When getting your teeth lightening product it is very important that you do certain research about the product to ensure that the products you are using are secure and safe. It is best to obtain items that are FDA approved. It is additionally crucial that you follow the guidelines supplied to make sure that you get the best results safely.

Looking for **teeth whitening near me**? Contact Woodshore Family Dentistry! It is one of the top **dental clinics in Clute** providing long-lasting and effective results to our patients. We have experienced specialists to deliver a beautiful and attractive smile. For more information, visit our official website [woodshorefamilydentistry.com](http://woodshorefamilydentistry.com).