

# 3 Healthy meals

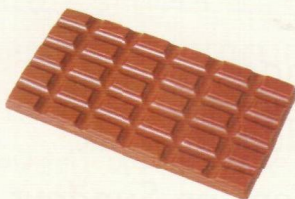
## Grammar start

There's **some** bread. There **aren't any** tomatoes.

1   Listen, say and point.



cheese



chocolate



grapes



lettuce



onions




potatoes



tomatoes



tuna

2  Read and listen. What food do they have?

Let's make a salad.  
Is there any lettuce?

Yes, there is.

Are there any  
tomatoes?

No, there aren't.

There isn't any tuna,  
but there are some  
onions.

There aren't any potatoes  
but there's some cheese.  
Let's make a pizza!

Let's go  
shopping!

### 3 Read and complete.

We use *There are some...*, *There aren't any...* and *Are there any...?* for **whole things** we **can count** (countable nouns).  
The noun is **plural**.

There **are some** tomatoes.

There **aren't any** onions.

**Are** there **any** \_\_\_\_\_?

**Yes**, there **are**. / **No**, there **aren't**.

We use *There's some...*, *There isn't any...* and *Is there any...?* for **parts of things** or things we **can't count** (uncountable nouns).

There's **some** cheese.

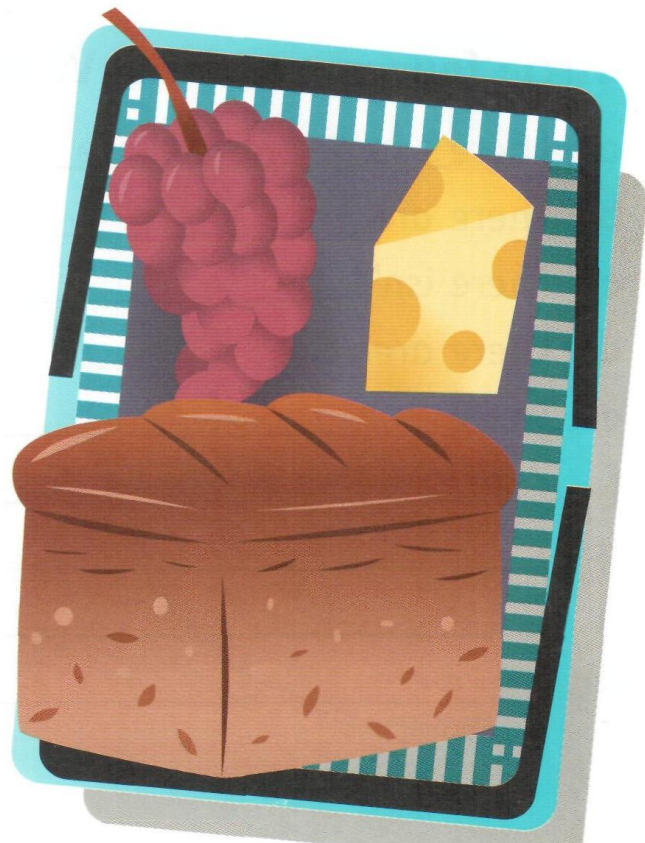
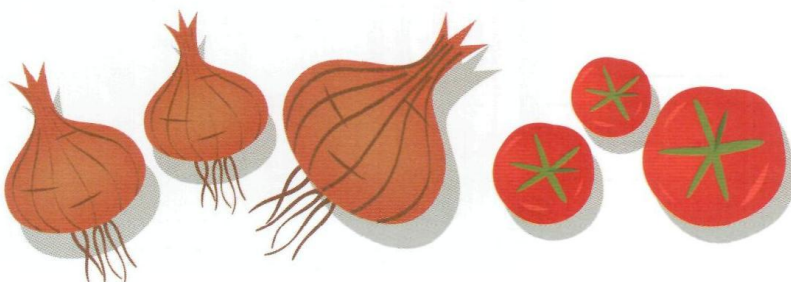
There **isn't any** \_\_\_\_\_.

**Is** there **any** lettuce?

**Yes**, there **is**. / **No**, there **isn't**.

### 4 Look and tick (✓) the true sentences.

- a There are some potatoes.
- b There's some bread.
- c There aren't any tomatoes.
- d There isn't any lettuce.
- e There's some cheese.
- f There aren't any onions.
- g There's some tuna.
- h There are some grapes.



**1 Complete the sentences. Which lunchbox is healthy, a or b?**

There are some sandwiches.  
 There 's some cheese.  
 There \_\_\_\_\_ some orange juice  
 and there \_\_\_\_\_ some grapes.  
 There \_\_\_\_\_ any chocolate.  
 There \_\_\_\_\_ any crisps.



There are some crisps.  
 There \_\_\_\_\_ pizza.  
 There \_\_\_\_\_ tuna.  
 There \_\_\_\_\_ tomatoes.  
 There \_\_\_\_\_ lemonade and  
 there \_\_\_\_\_ chocolate.

**2 Circle four more items. Write about your lunchbox.**

- a There's some orange juice \_\_\_\_\_.
- b There are \_\_\_\_\_.
- c There isn't \_\_\_\_\_.
- d There aren't \_\_\_\_\_.
- e There \_\_\_\_\_.
- f \_\_\_\_\_.
- g \_\_\_\_\_.
- h \_\_\_\_\_.
- i \_\_\_\_\_.



**3 Read and circle the correct word. Tick (✓) the correct picture.**

A: **Are** / **Is** there **some** / **any** tomatoes?

B: Yes, there **is** / **are**.

A: **Is** / **Are** there **any** / **some** tuna?

B: No, there **isn't** / **aren't**.

A: **Is** / **Are** there **any** / **some** cheese? **b**

B: Yes, there **is** / **are**.

A: **Is** / **Are** there any lettuce?

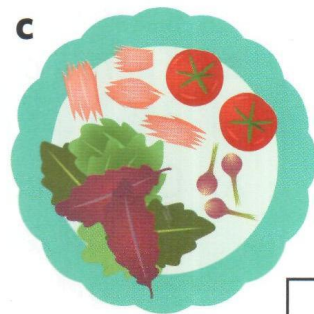
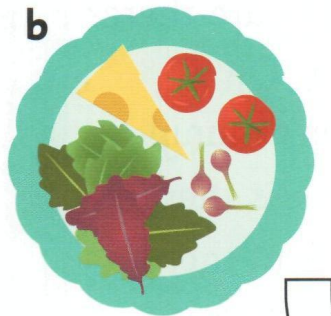
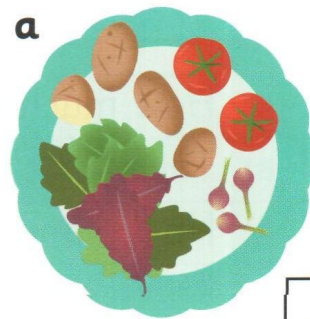
B: Yes, there **is** / **are**.

A: **Are** / **Is** there **some** / **any** onions?

B: Yes, there **is** / **are**.

A: **Are** / **Is** there **any** / **some** potatoes?

B: No, there **isn't** / **aren't**.



**4 Draw your favourite salad. Complete the questions and answers.**

**a** Q: Are there any tomatoes?

A: \_\_\_\_\_, there \_\_\_\_\_.

**b** Q: \_\_\_\_\_ there \_\_\_\_\_ lettuce?

A: \_\_\_\_\_, there \_\_\_\_\_.

**c** Q: \_\_\_\_\_ there \_\_\_\_\_ cheese?

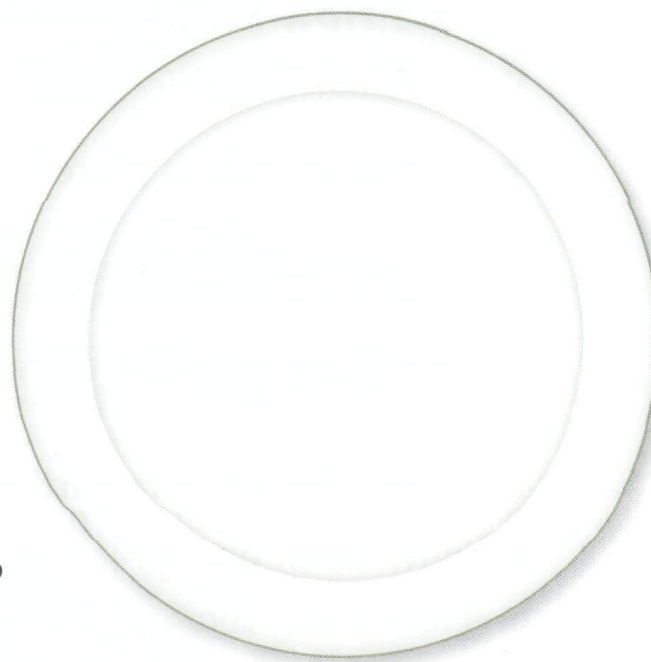
A: \_\_\_\_\_, there \_\_\_\_\_.

**d** Q: \_\_\_\_\_ there \_\_\_\_\_?

A: \_\_\_\_\_

**e** Q: \_\_\_\_\_?

A: \_\_\_\_\_



# 1 Read and listen. Circle the food words.

- A: How much bread is there?  
 B: There isn't much.  
 A: How many eggs are there?  
 B: There are a lot. Oh no, now there aren't many!  
 A: How much milk is there?  
 B: There's a lot. And there are a lot of strawberries.  
 A: Great, let's make smoothies!



We use **How much** and **How many** to ask about quantity. For parts of things or things we can't count (**uncountable nouns**):

**How much** milk **is** there? There's a lot. / There **isn't much**.

For whole things or things we can count (**countable nouns**):

**How many** eggs **are** there? There **are** a lot. / There **aren't many**.

## 2 Look at the picture and match.

- a How much orange juice is there? — There are a lot.  
 b How many tomatoes are there? — There aren't many.  
 c How many bananas are there? — There's a lot.  
 d How much cheese is there? — There isn't much.