

# Certificate for International Facilitators

Theodor-Heuss-Kolleg is an Active Citizenship Education program of the Robert Bosch Stiftung and the MitOst Association. Together with its partners in Central, Eastern and Southeastern Europe, the Caucasus Region and North Africa Theodor-Heuss-Kolleg implements education projects empowering young people to become involved in their societies.

Irina Popusoi attended a one year education program. It included the following competences:

- > **Facilitation Competences:** Plan and conduct seminars in a team, facilitate sessions, empower people, work with a systemic view, deal with conflicts
- > **Learning Competences:** Self-reflection and -development as tool for learning, identify an own field of expertise for facilitation
- > **Topic Competences:** Prepare new topics efficiently and understand innovative methods for learning
- > **Field Competences:** Know about non-formal citizenship education, learning, democracy, diversity and sustainable development
- > **Structure Competences:** Be familiar with the mission, structure and activities of Theodor-Heuss-Kolleg and its regional programs

She gained these competences by attending two international trainings for facilitators of 7-8 days, self-steered learning, conducting two seminars of 5-7 days and by the support of an experienced Learning Supervisor between February 2017 and February 2019.

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Sebastian Wehrsig  
Deputy Program Coordinator