

1. BROADEN YOUR VOCABULARY :

DEFINITIONS OF FEELING

- 1) a subjective response to a person, thing, or situation
- 2) an idea that is believed to be true or valid without positive knowledge

Pick your favorite words :

Synonyms	<p>1) chord, emotion, passion, sentiment</p> <p>2) belief, conviction, judgment (or judgement), opinion, persuasion, sentiment, verdict, view</p>
Words Related to	<p>1) impression, perception, sensation, sense angle, attitude, outlook, perspective, standpoint, viewpoint, belief, conviction, opinion, view</p> <p>2) impression, perception, hint, suggestion, touch</p>
Near Antonyms	<u>ins</u> ensitiveness, insensitivity, unfeelingness
Antonyms	Apathy, insensibility, numbness, unconsciousness
Phrases / expressions	<p>Spaced out : daydreaming.</p> <p>Shaken up : to be shocked or very surprised.</p> <p>and needles : feeling anxious or nervous.</p> <p>Beat/Bushed : exhausted</p> <p>Head over heels / madly in love.</p> <p>Fed up : Whenever you feel really frustrated about something and no longer want to deal with it,</p> <p>Chilled out, chill out ‘relaxed’ ‘relax’ (informal expression)</p> <p>Under the weather : not feeling well, a little sick</p> <p>Expressing happiness :</p> <ol style="list-style-type: none"> 1. Flying high : very happy. 2. Pumped up : very excited about something. 3. Fool’s paradise : a situation when someone is happy because they’re ignoring a problem or fail to realize its existence. <p>Sadness :</p> <ol style="list-style-type: none"> 1- Be down in the dumps : to feel unhappy or without hope. 2. Be at the end of your rope (American); Be at the end of your tether (British) : to feel very upset because you’re no longer able to deal with a difficult situation. 3. Grief-stricken: extremely sad. <p>Expressing Anger :</p> <ol style="list-style-type: none"> 1. Bite someone’s head off : to respond with anger to someone.

	<p>2. Black mood : to be irritable, angry or depressed. 3. Drive up the wall : to annoy or irritate someone.</p> <p>Expressing fright : 1. Have/get/feel butterflies in your stomach : to feel very nervous or excited about something t you have to do 2. To be afraid of your own shadow: to be very easily frightened. 3. to be petrified of : to be extremely frightened, especially so that you cannot move or decide what to do.</p> <p>Expressing Confusion : 1. Feel out of it: to not feel in a state of one’s normal mind. 2. To puzzle over : to think carefully about someone or something for a long time and try to understand them. 3. to be ambivalent about: feeling two different things about someone or something at the same time, for example, that you like them and dislike them.</p>
Quotes	<p>“I don’t want to be at the mercy of my emotions. I want to use them, to enjoy them, and to dominate them. – Oscar Wilde</p> <p>“A person will be just about as happy as they make up their minds to be.” – Abraham Lincoln</p> <p>“Where there is love there is life.” – Mahatma Gandhi</p> <p>“Never play with the feelings of others, because you may win the game, but the risk is that you will surely lose the person for life time.” – William Shakespeare</p> <p>“There is no instinct like that of the heart.” – Lord Byron</p>