

# How can you make your holiday zero-waste?



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With sustainability the buzzword of the year and waste high on most people's list of 'must get rid of NOW' with so many of us 'Kondo-ing' our homes asking every inanimate object if it sparks joy. But going green, going zero waste? It's not simple.

And when it comes to travel, being green is even less so. Convenience, stress, packing restrictions and the inevitability of succumbing to airplane regulations mean you can't bring your at-home zero waste kit with you. Your low-impact comfort blanket is ripped off, so to speak.

You might be asking why going zero waste when you travel is even important. Well, while we know the impact our actions make at home, it varies from country to country. Sustainability Blogger and YouTuber Lottie explains that, "Many countries less sophisticated recycling infrastructures than we (Westerners) do. Often, these are the most vulnerable areas, that can't cope with the amount of plastic used and thrown away on a daily basis."

So attempting to leave only footprints when you travel is an endeavour worth pursuing. I've done it a few times now, with moderate success managing to stay pretty true to my zero waste values.

If you're keen to do the same, read on to discover the best tips to have a zero waste holiday.

**Prepare: do your research ahead of schedule**

**Go paperless and invest in reusable**

**Make a zero waste kit**

**Get the best gear**

**Reducing your carbon impact**

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