

## Tongue twisters with “s”, “r”, “l” and “th”

As we already mentioned, **tongue twisters can be extremely helpful for speech therapy**. If you are having problems pronouncing certain sounds like “s”, “r”, “l” or “th”, practicing with the right tongue twisters can ameliorate your speech impediment. Here are a few examples:

### Tongue twisters with “s”

- She sells seashells by the seashore of Seychelles.
- “Surely Sylvia swims!” shrieked Sammy surprised. “Someone should show Sylvia some strokes so she shall not sink.”
- Selfish shellfish. (repeat it several times)

### Tongue twisters with “r” and “l”

- Red lorry, yellow lorry.
- A really leery Larry rolls readily to the road.
- Rory’s lawn rake rarely rakes really right.
- Lucky rabbits like to cause a ruckus.
- I looked right at Larry’s rally and left in a hurry.
- Round and round the rugged rocks the ragged rascal ran.

### Tongue twisters with “th”

- The thirty-three thieves thought that they thrilled the throne throughout Thursday.
- I thought a thought.  
But the thought I thought  
Wasn’t the thought I thought I thought.  
If the thought I thought I thought,  
Had been the thought I thought,  
I wouldn’t have thought I thought.
- Something in a thirty-acre thermal thicket of thorns and thistles thumped and thundered threatening the three-D thoughts of Matthew the thug – although, theatrically, it was only the thirteen-thousand thistles and thorns through the underneath of his thigh that the thirty-year-old thug thought of that morning.
- Thirty-three thousand feathers on a thrushes throat.