

# Hope

Hope is a feeling of expectation and desire for a particular thing to happen. It's a feeling of trust to something - personal belief, myth, something to happen in the future.

Many of us are hoping for something it's true. Something that they want to hear, that they expect to hear. If you are hopeless than you develop a sense (feeling) of pessimism. This feeling contains thinking that the worst thing will happen to you. Every man should have his own hopes. Hopes for the good days that will soon come, hopes for somebody's life twist, for something good.

Mahmoud Dowlatabadi said: "A man without hope is nothing but an insect, a mindless creature with no future. And a man without a future can only go backwards." A man without hope is a man without fear, without feelings, a man who has long ago gave up in his life, because the hope never dies.

Every time when I hear the word "hope" I remind myself with the story of a 24-year-old man who, looking out from the train's window, shouted: "Dad, look! The trees are going behind!". Dad smiled. A young couple sitting nearby, looked at the 24-year-old's childish behavior with pity. Suddenly, he shouted again: "Dad, look! The clouds are running with us!". The couple couldn't resist and said to the old man: "Why don't you take your son to a good doctor?". The old man smiled and said: "I did and we are just coming from the hospital. My son was blind from birth, he just got his eyes today!".

Every single person on the planet has a story. Don't judge people before you truly know them. The truth might surprise you. Besides he was 24-years-old without eyes, even in the worst days, he never gave up on getting his eyes. And a miracle happened.

You can do incredible things when you have enough hope. It was Christopher Reeves, a former actor who became paralyzed, a quadriplegic, after being thrown from his horse, and then forced to live for many years strapped to a wheelchair, breathing from a ventilator, who said, "Once you choose hope, anything's possible."

So, what is Hope?

As Desmond Tutu said: "Hope is being able to see that there is a light despite all of the darkness". Hope is a mindset, a belief that "however long the night, the dawn will break". Hope is an emotion, a motivation that, despite setbacks and obstacles, despite hardship and misfortune, you believe that your life will work out. That, ultimately, "for every dark night, there is a brighter day".

And that's why, you should never give up. Never lose your faith. Never lose your hope. Because you might be only few steps away from getting there, where you want to be.