



# LET'S DO CAMPAIGN

How to Keep Healthy to Our Body System

You are going to inform everyone in this city to take care of their health through exploring their body system. Using your powerful words, you will explain it to the citizen how important it is.



**PUT YOUR WRITING HERE!**

Title: Get to know about digestive system

Is our stomach part of the body, to save the foods for hours dan dikeluarkan menjadi kotoran sisa makanan. In side the stomach the foods akan diserap vitaminnya dan meneruskan ke seluruh tubuh agar keep the body healthy.

First, the food goes to the mouth and we eat it with teeth, the foods become soft because of saliva. Then it goes to esophagus and it goes to the leaver. Dari lambung makanan akan bercampur dengan asam lambung untuk menghaluskan makanan agar bisa masuk ke usus besar dan kecil, kemudian keluar melalui rektum. Finally the food will go through anus, it become poop.

We eat healthy food to keep our digestive system healthy. And eat vitamin to make our body healthy too. If our stomach is sick, we can put oil on the surface of our stomach. And we can try going to the doctor to check.

