



LET'S DO CAMPAIGN

How to Keep Healthy to Our Body System

You are going to inform everyone in this city to take care of their health through exploring their body system. Using your powerful words, you will explain it to the citizen how important it is.



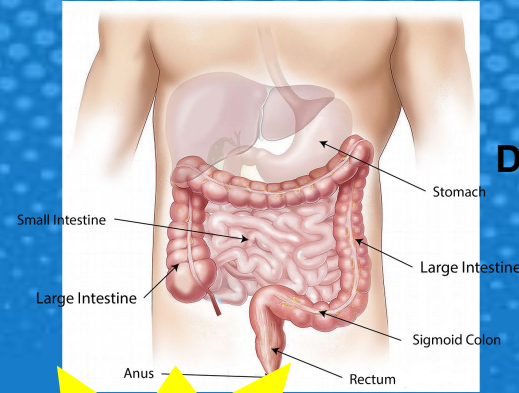
PUT YOUR WRITING HERE!

Title: Digestive system of human body

Digestive system is the organ for processing the food to a waste. So we can get the nutrients from the food because we need them for our body's strength and healthy. The digestive of human consist of mouth, saliva, liver, kidney, stomach, small intestine, large intestine, rectum and food pipe.

So how does our digestive system work? First we chew our food with our mouth then saliva helps us to chew our food, Second our food goes to stomach then stomach make our food into liquid, Third our food goes to small intestine then small intestine takes the nutrients from our food, Four the waste food will go to the large intestine, Five then the waste food will go to ractum and it become a waste.

And finally digestive problem can occur due to many reason, such as unhealthy lifestyle, food sensitivity, or even any infection. The common digestive problem is Chronic Diarrhea. So, lets stay clean!. Wash your hand before eating, also Don't eat too much unhealthy foods. And please stop eating, before our stomach too full. Dont forget take enough mineral water as well.



Digestive organs

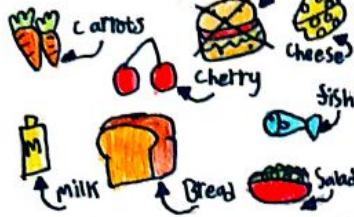
Fun fact!!!

Human can't eat too much food even a healthy food. The stomach will be full of gas and you will get a heartburn. If we are too full, we cannot get more food and drink inside our body.

**Chronic Diarrhea
Bacterie**



Care of Stomach
Right Product.

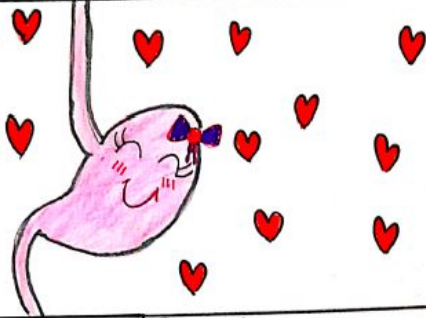


Stay hydrated !!

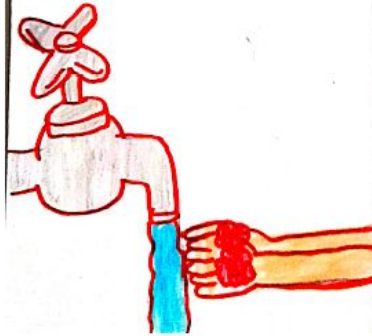


Keep drinking
Plenty of water.

Keep your
Digestive
System
healthy.



Wash your Hands
before and after
eating.



Bad diet Kill your
Stomach



Drinking Alcohol
is a bad idea for your
liver.

