



# LET'S DO CAMPAIGN

How to Keep Healthy to Our Body System

You are going to inform everyone in this city to take care of their health through exploring their body system. Using your powerful words, you will explain it to the citizen how important it is.



**PUT YOUR WRITING HERE!**

Title: Get to know more about Respiratory system

Respiratory system is for breathing so that people, animal, tree can be alive. Living things breathe from mouth and nose with inhale oxygen in the air. In Respiratory system there are mouth, nose and Lungs

First, the oxygen inhale from nose. Then goes to throat and goes to the lungs. Second, the oxygen moves from lungs to heart. Heart will pump oxygen through blood into entire body

Because our Respiratory system are important to our body so we should maintain it by exercise, eat healthy food, drinking water, do balanced lifestyle.

