



# LET'S DO CAMPAIGN

How to Keep Healthy to Our Body System

You are going to inform everyone in this city to take care of their health through exploring their body system. Using your powerful words, you will explain it to the citizen how important it is.



**PUT YOUR WRITING HERE!**

Title: Let's know our digestive system!

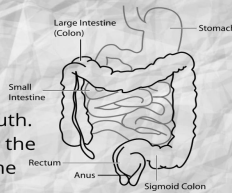
Digestive system is for like our food, how we eat our food. In our digestive system there are mouth, teeth, tongue, esophagus, stomach, small intestine, large intestine, and anus.

First, the food will come to the mouth. Second, the food goes to teeth and the teeth will chew the food. Third, the tongue will push the food to esophagus. Fourth, the food will go to stomach and small intestine, large intestine, and goes to anus. Our body needs nutrition, so the body will take the nutrition from the food and the nutrition goes to our blood and we will have energy.

Do not eat junk food! If we eat junk food everyday, our stomach will get hurt. And do not eat spicy food and do not forget to eat fruits and vegetables

## Let's Know Our Digestive System!

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