

What Increases The Chances Of Vanishing Twin Syndrome?

Vanishing Twin Syndrome refers to a situation when a twin or multiple disappears in the uterus during pregnancy as a result of one twin or **twins miscarriage**. The fetal tissue is absorbed by the other twin, multiple, placenta, or the mother. This gives the appearance of a “vanishing twin.”

Vanishing twin syndrome statistics suggest that this situation occurs before the 12th week of pregnancy with two gestations, three or more gestations. In the rarer (sometimes) case of a twin dying in the second or third trimester.

When you go to the prenatal doctor. Getting an early ultrasound checkup has benefits. Because the earlier you discover the issue, the earlier you can prevent it. With this, the doctor discovers that you have one baby or twins. So you can take care accordingly of yourself and your **twin babies in womb**.



Identifying twin pregnancy complications earlier can reveal the loss of your baby and with the doctor’s help, you can save your baby. However, one loss of a baby or both is the type of miscarriage that is known as a vanishing twin pregnancy.

Here are the signs of [vanishing twin syndrome](#):

There are no symptoms of vanish twin syndrome. The only doctor can diagnose this care at prenatal appointments. The symptoms that experince is similar to a miscarriage, including:

- Mild Cramping
- Severe Pain

- Abnormal Hormone Levels, hCG detected by blood tests
- And sometimes because of chromosomal abnormalities in the lost baby

If the vanishing twin pregnancy is uncomplicated then no need for extra medical care. But once the twin is lost during the first trimester of pregnancy. The mother may experience vaginal bleeding or have chronic pain, which needs immediate and regular medical care. And this regular medical care will increase the chances of survival of the fetus and could be delivered normally.



On the other hand, the disappearance of the twins creates complications of the twin pregnancy, and as a result pregnancies through later gestational ages might affect the other twin accordingly. In the most severe cases, miscarriage happens. Regular prenatal appointments and checkups can help you with the [twins baby pregnancy](#) normally. Your doctor keeps diagnosis and accesses the checkup on both maternal and fetal health to avoid any pregnancy complication and prevent further complication by the treatments or extra care.

If you've been diagnosed with vanishing twin syndrome, you probably have a lot of mixed emotions, safety concerns, and fear of losing the child. But with the time you need to be normal, give yourself some time, space, and safe places to get rid of this situation and to heal and grieve your loss. However, if you are experiencing any pelvic pain, cramping, spotting during pregnancy or in the time of 12 weeks of pregnancy then you should need to contact the doctor. Only a medical professional can diagnose the symptoms and tell what concern you need to follow.