

# What are the Complications and Risks of Twin Pregnancy?

Twins are like god's extra blessings that will come into your life. A twin pregnancy is one in which there are two fetuses. It's considered to be high risk because of a twin fetus. It has a higher chance of developing complications. Almost 50% of twins that are born are premature and have low birth weights and underdeveloped organs. This makes them very unsafe and it is not uncommon for only one twin to survive. [Twin babies in womb](#) who share a placenta could result in high amounts of amniotic fluids.

Complication during pregnancy is more common than you can think. Even for those who are healthy and have children before. Early pregnancy complications could occur and it's not your or anyone's fault.



**Here are the following twin pregnancy complications:**

## **#1. Early Pregnancy Complications**

When you find you are pregnant, the first thing you should do is see your doctor. They will perform a test of ultrasound to make sure that your pregnancy is going well, and you have no pregnancy complications. Visiting your doctor will prevent your complications and give you the best advice to get rid of them.

## **#2. Premature Birth**

Sometimes twins don't have enough space to grow. This can increase premature organs and undeveloped organs. Some situations lead to the birth of babies in early situations. This can increase medical complications for the baby and may even for a long time your baby may need to consult.

## **#3. Miscarriages**

Some complications during pregnancy can lead to **twins miscarriage**. This problem is another early pregnancy complication you can face. Sometimes the vagina opens and causes heavy bleeding with intense cramping pains. Also sometimes the baby can die in the womb. With this case, a mother can either wait for a miscarriage. There are many different complications during pregnancy that can cause this to happen like blood clotting, infection.

#### **#4. Gestational Diabetes**

This situation can cause your blood pressure level to become high during pregnancy and this can develop during pregnancy can cause your baby to be larger than normal in size. The risk of any injury during vaginal birth is greater to you as well as twins.



#### **#5. Twin-Twin Transfusion Syndrome (TTTS)**

Identical twins that share a placenta may have TTTS, which causes one twin to have excess blood flow and the other to lack it. This case occurs in about 10 percent of twin pregnancies.

#### **#6. Intrauterine Growth Restriction (IUGR)**

This condition can occur in twin pregnancies and happens when one or both babies is not developing at the rate they should. This slow or delayed growth can lead to a variety of health complications for one or both babies that may need consideration from a doctor for a long time.

#### **#7. Preeclampsia**

**Preeclampsia with twins** can increase the risk. This is a combination of high blood pressure during the pregnancy, general swelling in the body, and an extended level of protein in the urine.

All of these complications can create serious care for both the mother and the baby. It is significant to keep this information concerning early [twin pregnancy complications](#) in mind during pregnancy and to frequently consult your doctor.