

What Should You Do To Examine Twins In Your Womb?

When you are having noticeable pregnancy symptoms at an earlier stage like dizziness, vomiting, it might be possible that you are having twins inside you. The chance to get pregnant with twins increases if you are having any specific fertility drugs or you have any fertility treatment. After being sure that you are pregnant with twins you should monitor your body carefully like what kind of changes your body is going through and also monitor your fetal development weekly or monthly.



Care during [twin pregnancy week by week](#) :

If you are pregnant with twins, you will need extra care and more attention. The best way to find out that you are having twins to have an ultrasound scan. The most suitable time for ultrasound scan is at 10-12 weeks of pregnancy. You should consult your doctor first before going for an ultrasound scan. Professionals will tell you about the information related to your fetus development, number of placentas and amniotic sacs. Also they can tell you whether you are having identical twins or fraternal twins. And they can suggest the correct care guidelines after watching the report of the ultrasound scan. During twin pregnancy, you will have to take more tests so that you can take care of yourself. In this case you have to be more accurate about the information and that is possible only when you are having ultrasound scan at the right time. If a woman is having twins with separate placentas, she is generally recommended more ultrasound like at 12-13 weeks, 20 weeks and then every four weeks until her babies are born. It is possible that she might have more frequent ultrasounds than this. You should take antenatal (before pregnancy) appointments to get information about pregnancy, labour and delivery, and early parenting also.

Symptoms in **twin pregnancy first trimester:**

The following symptoms may be seen in a woman's body in first trimester of her pregnancy:

- May have swollen breasts.

- May have oily skin and acne problems.
- Feeling of tiredness.
- Mood swings.
- Cravings for specific food items.
- May gain weight.
- An increased sense of smell
- May darken the nipples.
- Increment in acidity problems.



In second trimester Twins:

When a lady reaches the second trimester she has no longer embryos now. She is having a developing baby inside as it is the thirteenth week of pregnancy. With the beginning of the second trimester your baby's size will be around 10 cm long and its weight will be around 20 and 25 grammes.

third trimester pregnancy with twins:

With the third trimester your baby's organs will start working except its lungs which function after the birth. Twins are born earlier. If your babies are born in the third trimester you should not worry about it because there is a very good chance of their survival. Now, the babies have the freshly opened eyes, very well formed eyelashes and eyebrows.

Main reasons of having [preemie twins](#):

Twin babies that have low birth weight means weigh less than 5 pounds. It increases health problems in them. Problems like having jaundice, anemia, trouble in breathing, vision and hearing problems can be seen in premature twins.

So if you are having twins , follow your doctor's advice about diet, rest and exercise. In this case You should never miss your doctor's appointments. You should keep learning about the signs of preterm labor. Do each and everything to lessen the number of premature babies.