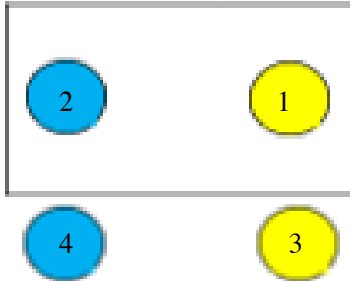


Jaune : Pied droit
Bleu : Pied Gauche

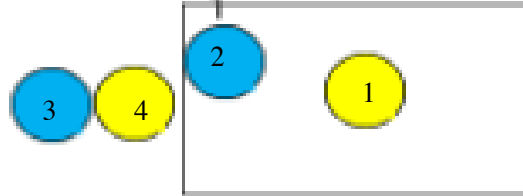
BLOC N°1

« BASIC DROIT »

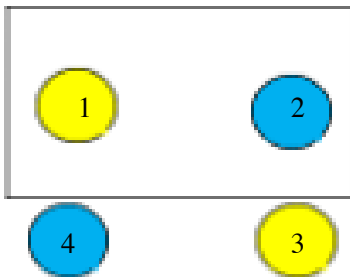


Genou Gauche

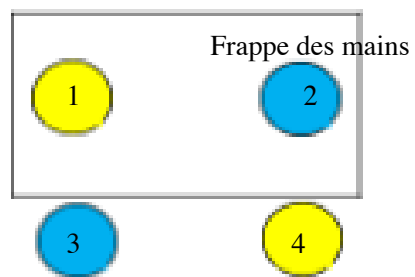
« L STEP JUMP »



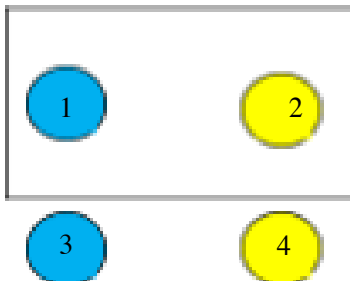
« CROISÉ »



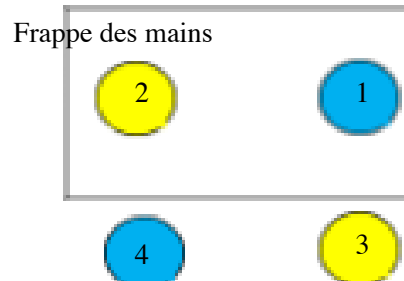
« PONY DROIT »



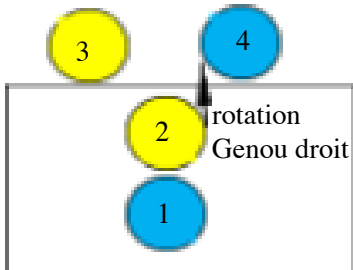
« BASIC GAUCHE »



« PONY GAUCHE »



« TURN AROUND »



« V STEP »

