

Sequence 5: "What a surprising country!" Niveau 6e
WORKSHEET LESSON 2

1. Written comprehension activity

Read *the text and do the activities:*

The Highland Games

In the Middle Ages, Highland warriors secretly trained between battles with everyday objects: a stone, a hammer, a tree trunk ...



1 Caber Toss

The Caber is a tree trunk measuring about 20 feet long and weighing approximately 150 pounds. The athlete must flip it into the air.



2 Stone Put

The competitors must throw a stone as far as possible. They have three attempts; only the best throw counts.



3 Tug O'War

The winners must pull their opponents a total of 6 feet to win. In each team there are 15 pullers on the rope.

4 Weight for Height

The athletes must toss a 56 pound weight over a bar. They are allowed three tries at each height. The bar is raised until only one athlete remains.



5 Hammer Throw

The Scottish Hammer is a round metal ball weighing 16 or 22 pounds that is attached to a wooden handle. The athlete must swing the hammer around his head to throw it as far as possible.



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Adapted from highlandgames.com

a. Read the introduction and match the vocabulary with the corresponding picture:



A hammer

A stone

A warrior

A tree trunk

b. What objects do the athletes need? Complete the information for each sport.

SPORT 1:

- Name of sport: _____
 - Objects / Material: _____
 - The athlete must _____
-

SPORT 2:

- Name of sport: _____
 - Objects / Material: _____
 - The athlete must _____
-

SPORT 3:

- Name of sport: _____
 - Objects / Material: _____
 - The athlete must _____
-

SPORT 4:

- Name of sport: _____
 - Objects / Material: _____
 - The athlete must _____
-

SPORT 5:

- Name of sport: _____
 - Objects / Material: _____
 - The athlete must _____
-

2. **Culture point :**

How strong are the Scottish?

Convert the height and weight of a caber into cm and kg.

Conversion
1 foot = 30,48 cm
1 pound = 454 g

A caber weighs about _____ kg and is about _____ m long.