

# Varicose Veins: Do Hereditary Factors Matter In Their Growth?

Varicose veins are a circulatory problem. It is not that circulation is ceased or lessened, rather it is that the circulation of the blood in the veins commences moving in the opposite direction. The blood that is moved through the veins is attempting to reach all the body's extremities, and in individuals with varicose veins, the blood is both entering and exiting the area at the same time. This can cause swelling and deformations of those veins. Such conditions require [vein treatment near me san Diego](#) at the **veins clinic**.

Typically when the term 'varicose veins' is mentioned, individuals tend to associate it with the leg regions. While in the majority of cases this is the fact, they can manifest themselves anywhere in the body that veins are located. Our veins have valves in them that prevent blood from flowing in the wrong direction. These valves are referred to as leaflets. If you have swollen veins in any part of your body visit **veins clinic California**.



The condition tends to be a hereditary trait. It is more common in women than men. There are other factors that can cause them, or elevate the hereditary factors. Among these risk factors are obesity, pregnancy, menopause, and aging. Although, individuals who work for long hours while standing can also be at risk of developing varicose veins. Certain leg injuries can also bring about the condition. In such a condition, get **varicose vein treatment California**.

If varicose veins occur in the legs they can make the mere act of standing not only difficult but also painful. They are also not very pretty to look at. An issue with varicose veins is that

they can cause itchiness in the region. The problem is that if the individual itches the area, they can cause ulcers. Get the **vein treatment near me la Jolla** from **vein clinics san Diego**.

Some of the symptoms of the condition include achiness. The aches and pains from the condition tend to be at their worst at night, and after the person has engaged in strenuous exercises. Spider veins tend to appear before the condition manifests itself. One may also develop restless leg syndrome before the fact as well. Get the treatment from **vein clinics san Jose**.



Another factor that one may be at risk of developing varicose veins is skin discoloration near the affected areas. One may also notice that there is excessive redness, dryness, or itchiness near and around where the affected area is. Typically varicose veins are merely annoying and painful. There are some complications that can make the condition worse for those who suffer from it. Consult a **vein specialist California** for the proper mode of **vein treatment California**.

While many of the conditions are less than desirable, they are not a threat to the life of the person.

For instance, varicose veins make it very hard for the person to walk or stand for long periods of time. There is also the possibility of blood clots forming, and skin ulcers, and skin loss. You should get varicose [vein treatment san Jose](#) only by a **vein specialist san Diego**.