

# **What Are The Most Frequently Asked Questions About Varicose Veins?**

If you are reading this article you must have heard about varicose veins. Numerous people across the world suffer from varicose veins which leads them to search for the answers to several questions regarding [what are the treatment options for varicose veins](#). Varicose veins are enlarged and twisted veins that appear on the leg surface area due to improper blood circulation that generates blood clots. In this article, we have mentioned almost every detailed productive question related to varicose veins that were asked by many patients of the varicose vein before treatment. Make sure to read this article till the very end to not miss out on anything important!



What are the signs that indicate you are suffering from varicose veins?

We have mentioned some signs below that indicate you are a person suffering from varicose veins such as:

1. Swollen veins
2. Large, twisted, and bulgy veins
3. Discoloration in the skin of your legs
4. Painful veins
5. Muscle cramps
6. Heaviness in legs
7. Difficulty in standing for hours
8. Burning Throbbing sensations

## What Kind of Doctor Treats Varicose Veins?

A vein specialist is a doctor who specialized in treating varicose veins and spider veins. A vein specialist is also known as a phlebologist.

## What are the reasons that varicose veins develop?

There are several reasons for varicose veins development, we have mentioned some of the following causes of varicose veins below that will be a help in preventing such:



1. Hormones changes such as pregnancy and menopause
2. Aging
3. Overweight
4. Tight clothing
5. Standing for hours that cause pressure on veins

## How do I fix varicose veins?

We have mentioned some treatments of varicose vein below that you should follow in the initial stage for resolving the condition of varicose veins such as:

1. Exercise daily
2. Sclerotherapy therapy

3. Lost weight
4. Vein surgery
5. Change in diet
6. Elevation your legs
7. Compression stockings
8. Laser therapy

These were some treatments that you should first learn about by visiting our website and then follow for the cure.

## Can varicose veins go away?

We have found from studies that varicose and spider veins won't go away on their own but in some cases, spider veins disappear on their own. There can be a chance where you won't suffer from the signs of spider veins and varicose veins but have varicose veins that appear on your legs.

## When should I be worried about varicose veins?

If you are thinking when it is right to seek medical treatment for varicose veins then you should know if you are somebody suffering from these issues below then do visit vein specialist as soon as possible such as:

- Suffering from hyperpigmentation in lower leg and ankle
- Dry skin patches in the leg
- Enlarged and painful veins
- Difficulty in standing
- Dark skin near varicose veins.
- Experiencing heaviness in your legs
- Itchiness in legs
- Tenderness in your veins
- Swollen veins

## Takeaway!

We hope you liked this article and it was a great help for you in understanding what is the most frequently asked question by patients of varicose veins before treatment. If you are someone looking for the answer of **Are varicose veins covered by insurance?** Then you can simply visit our website and contact our best vein specialist.

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