

What Are The Types Of Vein Doctors Who Treat Varicose Veins?

You need to consult a vein doctor if your varicose veins are causing trouble for you. But you must remember that there are different vein doctors for various vascular problems. The three types of vein doctors are phlebologists, vein specialists, and vascular surgeons. Like any other medical professional, they possess different skills and training specialties.

Phlebologist

A phlebologist is a medically trained professional who specializes in diagnosing and treating patients with specific disorders in their veins. They treat diseases like spider veins, vascular birthmarks, leg ulcers, clotting, and other related vascular conditions. So if you want to know [What Kind of Doctor Treats Varicose Veins](#), a phlebologist is the answer. Phlebologists only deal with the cosmetic treatment of varicose veins.



Unlike vascular surgeons, they did not receive training to manage invasive vascular surgery. If you're looking for a phlebologist, you should know that passing a written test is the only way to get certified. They lack the necessary education to be a vascular management specialist.

Vascular surgeon

Physicians with board certification in vascular surgery have received specialized training to perform and manage the post-operative medical care of patients with various vascular illnesses. Also, they are most

qualified to identify and treat primary and severe venous diseases and perform minimally invasive vein procedures.

Vein specialists

A vein specialist is board certified in interventional radiology, invasive cardiology, and vascular surgery. Before receiving their board certification, these specialists underwent rigorous residency training. The particular minimally invasive talents that vein specialists have come to possess as a result of their extensive training in numerous demanding training programs.

Who is more likely to get varicose veins?

Varicose veins can appear on anyone. Varicose veins are more likely to form as a result of some factors, such as:



- Age: Vein walls and valves lose some former functionality as we grow older, and veins become stiffer and less flexible.
- Gender: The hormones produced by women can cause the vein walls to expand. Due to changes in hormone levels, pregnant women on the birth control pill or going through menopause are more likely to develop varicose veins.
- Family history: This illness is heritable (runs in families).

- Lifestyle: Prolonged standing or sitting reduces circulation. Wear constrictive clothes, such as girdles or jeans with tight waistbands, can reduce blood flow.
- Health in general: Some medical problems, such as extreme constipation or specific malignancies, raise blood pressure.
- Use of tobacco products: Varicose veins are more prone to develop in smokers and also in people who consume tobacco products.
- Weight: Carrying too much weight strains blood vessels.

How do varicose veins affect you?

Varicose veins are enlarged, twisted blood vessels located immediately below the skin's surface. These blue or purple bulges typically appear on your legs, feet, and ankles, where they may also itch or ache. Spider veins are smaller red or purple lines that develop close to the surface of your skin and may be found surrounding varicose veins.

For most people, spider or varicose veins are not harmful but can be unsightly and bothersome. Severe enlarged varicose veins can cause serious health problems, like blood clots.

Conclusion

We hope the above-provided information will help you learn some interesting things regarding varicose vein treatment. The above article highlights the different types of vein specialists who treat venous disease. For know more informative factors, please visit veintreatmentnj.com.

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