

# What are the Different Non-Surgical Options and Their Costs?

The **varicose vein treatment** just goes way beyond the cosmetic aspect. In your legs, having knotty and swollen veins protruding out from the skin is not exactly an eye-pleasing sight. The issue is more than just skin deep. It can cause some serious pain to the patient because it is indicative of degenerating veins and heart trouble. And as the condition will advance, this pain will move on to cause skin troubles, pigmentation, and even ulcers in extreme cases.

When you talk about [varicose vein treatment near me](#), you will be happy to know that the condition is very much manageable and a variety of options are available for a patient to choose from. In this article, we will attempt to understand the different types of varicose veins treatments that can be selected from and understand their suitability to specific cases.



## **Conservative methods**

To heal the issue, when a patient is experiencing one of the initial stages of the condition they can always select a conservative **vein treatment** approach. Treating prescription medications is one of the first options that a physician will have. Anti-inflammatory medicines aspirin and ibuprofen are some over-the-counter medications that even help in treating. As an effective varicose vein treatment, many doctors also prescribe compression stockings.

By resolving most of the underlying conditions, these accessories can help reverse pressuring the blood flow. Leg muscle strengthening and weight loss have also been known to help in many cases as it helps take some load off your limbs. These **vein treatments NJ** methods will be much less costly than their counterparts as they do not involve any invasive

procedures. For example, compression stockings can be purchased for between \$30USD-\$50USD per pair and generally can last between 6 months and a year

### **Nonsurgical methods**

For varicose veins, there might be the case where the regular conservative varicose vein treatments might not be satisfactory or effective. Doctors usually prescribe some other forms of relief and remedy in these cases before going forward towards surgery. These treatments are performed by either a plastic surgeon or a **vein doctor** that specializes in vein care called phlebologists.



- **Sclerotherapy:** This happens to be one of the most common forms of noninvasive varicose vein treatments available in the market. In this procedure, they will inject medicine in the veins that will cause them to shrink and start functioning normally. For effective results, the recommended sessions of this procedure are two-three sittings each month continuing for a period of two months at least. With your [vein doctor Paramus](#), sclerotherapy costs can range between \$100 to \$400 per session.

- **Endovenous Thermal Ablation:** This **vein treatment near me** involves the use of lasers to reduce the incidence of spider veins. To achieve the desired result, roughly three laser treatments will be required that will be scheduled at three-month intervals. With this treatment, the veins begin to fade in color within two to six weeks. The cost of the treatment differs from doctor to doctor but can range anywhere between \$300USD to \$500USD per session.