

Who is Vascular Surgeon, and why are they needed?

A vascular surgeon is trained in the best possible form of vascular intervention and surgery.

They are not limited to pushing surgical procedures, but despite that, they also focus on every aspect of the patient with vascular health issues. Many vascular cases can be operated on, and they also prescribe medicines based on changes in exercise, lifestyle, eating habits or diet.

A vascular specialist owns the highest health care certification for the arteries and veins. While a general practitioner could certainly treat vascular conditions, a vascular specialist has advanced education, clinical training and experience to offer the best care possible in this area of medicine.

When to see a Vascular Doctor?

If the person sees or faces symptoms like pain and ache, swelling, discolouration surrounding the affected part, excess itching, cramps, leg ulcers, and heaviness. These are the general symptoms faced by the patient suffering from the vascular vines.

Types of Vascular Circumstances:

1. Blood Clots and Pulmonary embolisms :

DVT occurs when those sticky cells form a blood clot. A blood clot can build up in a vein (usually in the leg) and break apart. If a broken part of the clot enters your bloodstream, it travels through veins in your belly, heart, and lungs. The blood clot can get stuck anywhere and will result in blocking the blood vessels. If not treated on time, this severe condition, called pulmonary embolism, can damage your lungs permanently and even cause death. Some symptoms like shortness of breath, pain in the chest, dizziness, and blood coughs can recognise.

2. Stroke

This could be another condition which is termed a stroke. There are majorly three types of stroke: TIAs, Ischemic and Hemorrhagic. These have different signs and symptoms that need to be identified and cured on time, which might result in a huge challenge. The common or notable symptoms are dizziness, numbness or weakness, confusion, and severe headache. This is not an exhaustive list of vascular conditions and should not be used as a substitute for medical advice or treatment.

3. PCS is Pelvic Congestion Syndrome

These symptoms are majorly found in women having the age group of 20 to 50 years. This is the time when they have periods until their menopause. They experience chronic or severe pain in their pelvic muscles. This issue remains untreated, among other conditions, as women cannot identify why their muscles are aching or hurting.



This condition of PCS forms extreme discomfort when women stand or sit. When women experiencing PCS lie down, the pain disappears, the vein is decompressed, and the pressure is alleviated. This makes it hard to diagnose.

Conclusion ';

Suppose you observe or detect any of the symptoms of vein pain. In that case, you need to visit the vascular doctor on an emergency note as there is no other substitute for these symptoms than to see the doctor and start with the treatment. It is advisable to consult the doctor and schedule an appointment on a very precious note. Apart from this, if a woman faces pelvic muscle pain or cramps in the pelvic muscles, then they should consult the gynaecologist and also the vascular doctor. This explains [what kind of doctor treats varicose veins.](#)