

# 6 Signs Of When Is The Best Time To See A Vein Specialist

To recognize symptoms of venous disorders and problems with the circulatory system **vein specialists** are trained. By utilizing a variety of diagnostic screenings and tests through a comprehensive exam and evaluation, they can help determine what is causing your symptoms.

## **Signs when to see a vein specialist**

### **1. Discolored veins and noticeably raised under your skin**

When the color of veins appears as blue, red, or purple lines on your skin, it can be a sign of trouble. Many people consider varicose or to be purely cosmetic although they can cause complications or be a sign of other venous disorders. To have them checked out is the best option.



In particular, larger varicose veins may lead to dryness, discomfort, or a burning sensation. By their bulging and twisted appearance, almost like a piece of rope or cord under the skin, you will recognize them.

### **2. At the end of the day, your legs feel weak or heavy**

Standing for an extended period of time should not cause your legs to feel weak, heavy, or tired of most people. Contact a [vein specialist NJ](#) to determine if there is a blockage or other problem with the veins in your legs if you notice this happening regularly.

### **3. If you are experiencing swelling or pain in one leg and not the other**

You may associate inflammation and pain with muscle or joint injuries, sometimes they are an indication of circulatory or vein issues although. It could be a sign of inadequate circulation in that leg and should be checked by a **vein specialist near me** when you notice swelling, pain, or fluid retention in one leg and not the other.

#### **4. When you have persistent leg pain**

Many different factors are responsible for causing persistent pain. For example, you may have a muscle strain, arthritis, or shin splints. Persistent pain that does not resolve and that does not have an obvious cause could be a sign of trouble with your veins, however.



#### **5. In an earlier pregnancy stage, you may have experienced vein problems**

On the circulatory system, pregnancy can cause a strain. The increased blood pressure causes extra stress on thin walls. Hemorrhoids are a form of varicose vein that commonly occurs in pregnancy due to these factors in fact.

Talking to someone ahead of time may help you avoid them if you have had venous trouble in an earlier pregnancy. This should be a joyous time in your life after all, not one filled with concern about or discomfort from venous disorders.

#### **6. There are itchy, dry spots near your ankles or feet**

In your legs, any disruption to the circulatory system can cause itchy and dry skin. To get to your extremities blood has to travel so this is most common on the ankles or around your feet. To see if it resolves try using a moisturizing product and avoid soaking your feet in hot water. Contact a [vein specialist near me NJ](#) to see if it could be a sign of something more serious, if not.