

# Are Varicose Veins Fatal?

Most of the time, You don't need to worry about varicose veins, dangerous complications can happen, but they're rare. Also, varicose veins are common among people above 50 because your muscles get relaxed.

These dark varicose veins tend to bulge under the skin; you can see them easily. They are most likely to appear on the lower body. If you find any such conditions, contact your doctor.



## What exactly are varicose veins?

**When to see a Vascular Doctor?** Varicose veins are twisted, swollen, and bulged out, typically blue, green, red, and purple. Varicose veins can occur anywhere, but mainly in the lower part of your body. If you find any such condition, you should seek a vascular doctor for proper treatment.

Varicose veins are caused by many factors, such as increased blood pressure in your veins because the valve of your vessel becomes weaker or damaged.

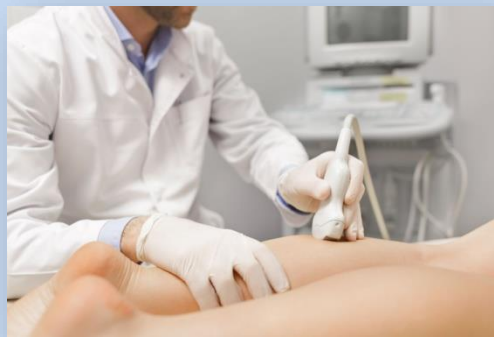
The valves inside your blood veins ensure one-way blood direction; when these valves weaken, it can cause blood to pool rather than move forward. This result in higher blood pressure.

## What are the signs and symptoms you should notice?

If you are suffering from varicose veins, you may find some symptoms, such as:

- Throbbing or aching in the lower area of your body
- Itching, burning sensation around the infected area
- Dryness and irritated skin
- Leg heaviness and fatigue
- Cramping

- If you experience any pain when you sit or stand for a long time
- Chest pain
- Dizziness, or fainting
- the feeling of anxiety and worry
- irregular heart rate
- rapid pulse and excessive sweating
- Coughing with blood
- Breath shortness



If you find any such condition, you should seek your doctor for treatment and prescription. A blood clot that breaks and travels to your lungs or other body parts can be life-threatening. But you may think, [What Kind of Doctor Treats Varicose Veins?](#)

#### **What is called a vein specialist?**

A vascular surgeon or veins specialist diagnose, treat, and manage problem-related with your arteries and veins. There are experienced and trained with various range of treatment for veins-related health problems such as spider and varicose veins.

#### **How are varicose veins treated?**

Not always are varicose veins severe and worsen. However, sometimes they get exacerbated, and you need to seek your veins specialist for treatment.

Wearing compression stockings can improve your veins and muscle functioning, which may help you. Furthermore, you can choose over-the-counter medicines and compression stockings to improve swelling and pain.

## Can you bleed to death if varicose veins get severe?

Primarily varicose veins don't cause death, but they hide the severity of rapture if left untreated. Because the subsequent venous bleeding can severely hurt and lead to death, therefore you should take each and every preventive measure to perish the chances of varicose veins. Suppose you're suffering from varicose veins or any other vein diseases. In that case, you should visit your veins specialist for treatment and diagnosis of the disease.

Article Source : <https://www.hugotips.com/are-varicose-veins-fatal/>