

COMMON QUESTIONS TO ASK YOUR DOCTOR ABOUT VARICOSE VEINS

Varicose veins are the best treatment that you can undertake in order to ensure that you are not facing any problems in your legs. Now that you have decided to go on surgery, it would be best to ensure that you have the set of questions that you should be aware of major questions that can make your surgery easier, and you will also recover fast if you are aware of the after-the-procedure and what you need to take care of. In this article, you will be reading about the major questions that you should ask from your healthcare varicose treatment providers. So, continue reading to know more about it.

What is the exact condition?

Vein problems likely come in two sets of categories: varicose veins and spider veins. They don't only appear to be different in size, shape, and color, but they cause different symptoms. Spider veins tend to sting while varicose veins ache and swell. The vein doctor should be in a spot to diagnose your case.

Why do I have these symptoms?

It could have been passed down to you genetically, from pregnancy, due to weight and lack of exercise, because of the natural happening of aging. However, it can also be a result of tight-fitting clothes. Proper knowledge of veins, armed with your vein doctor, can tell you the array of treatments.



What are the chances of having linked conditions?

Varicose and spider veins can be linked to saphenous vein reflux or deep vein thrombosis, which is a blood clot in a major vein, usually in the legs. Saphenous vein reflux distorts blood flow, giving rise to varicose veins. Each of these should be asked of the doctor as well.

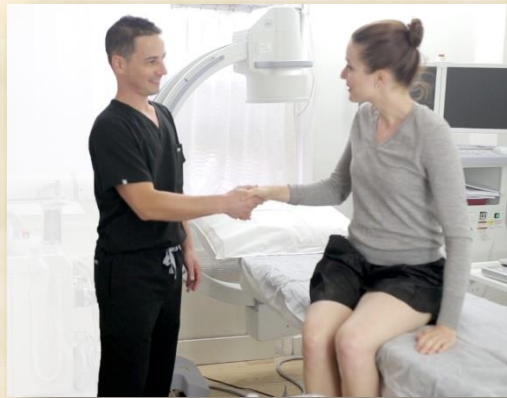
What are the risks with/without treatment?

Not all problems with varicose veins will need treatment. However, a large number can bring on mobility-limiting and living-quality-decreasing cases. Surgery is in most cases not complicated, and the only

medicinal drug needed is local anesthesia. It's nice, however, to know the whole picture beforehand for informed consent.

What kinds of treatments are there for vein disease?

If you are wondering, "[What Kind of Specialist Treats Varicose Veins?](#)" then it is best to know because this will help you get the right treatment from the experts. Your vein doctor may want to speak with you first about lifestyle changes for Conservative Care, coupled with compression wear. After the doctor's consultation, you may need sclerotherapy surgery or ambulatory phlebectomy, or your facial spider veins may even be treated with at-home treatments and laser surgery. The vein doctor will always provide the best and most honest advice.



What outcomes can I expect?

Whatever the proposed treatment, it is important that your expectations are realistic and reasonable. In some cases, depending on the severity of your condition, surgery may not be a solution and may only provide a method of coping with the problem. You should discuss what could be expected, for example, recovery times, and what the downside may be, like side effects, well in advance of undertaking any proposed treatment.

Why do I have these symptoms?

Whether it is the bulging varicose veins or the web-like spider veins, it is essential to know the reason for this occurrence. After knowing the symptoms, it is now necessary to know, "[What kind of doctor treats varicose veins?](#)" This will make things better when going for the treatment.

In a Nutshell

Now that you know the major frequently asked questions, it is important to go for a checkup with the right doctor at the correct time. However, ambulatory phlebectomy or sclerotherapy surgery can be required, and laser surgery might even be used to treat facial spider

You can always count on the vein doctor to provide you with honest, helpful advice.

