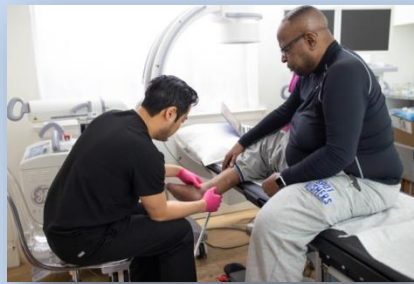


What will happen if varicose veins are left untreated?

The extensive large and twisted veins in the body are known as varicose veins. They mainly occur in the lower legs and affect the lower area of the body mainly because of the heavy pressure on the entire body. The main reason for varicose veins is standing and sitting for a long time or walking for long hours can contribute to varicose veins disease. Such physical activities can add to the pressure on the veins of the lower legs. And eventually result in the expansion of varicose veins.



Varicose veins, if not treated at the time, can cause deadly results. It can occur in both genders, but it affects women more. Especially pregnant women have a more increased chance of developing varicose veins. It is primarily due to an increase in weight during pregnancy, and the pressure on the veins of the legs increases and thus develops varicose veins.

Thinking about "What is the latest treatment for varicose veins?"

The answer is Laser treatment. Lasers transmit potent bursts of light onto the vein, and these lights make the vein slowly fade and disappear. In this laser treatment, the vein specialist don't use needles or give any cuts to your skin. This procedure is the preferred therapy for more prominent varicose veins.

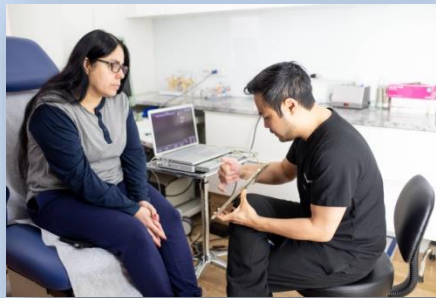
Want to know "What is a varicose vein specialist called?"

A specialist treating varicose veins is called an Interventional radiologist or a varicose vein specialist.

If Left Untreated:

If you don't treat varicose veins on time, they can cause ulcers, bleeding, and skin discoloration. This happens because the flow of blood continues to pool in the veins, and this makes the varicose veins worse, resulting in one or more of the following conditions:

1. **Increase in pain and swelling** – The pain worsens when varicose veins go untreated. Varicose veins damage the veins continuously, making the pain worse, and the legs start swelling.
2. **Prolonged symptoms** - If you are not suffering from varicose vein pain, it doesn't mean you will never experience it. The longer you delay treating them, the more you will experience pain sooner or later.
3. **Tiredness and weakness** - When varicose veins are not treated over time, they can cause weakness in the legs, and you will feel tired more frequently due to the deficiency. People with active lifestyles or occupations requiring them to be on their feet all day can suffer significantly due to varicose veins.
4. **Ulcers** – Untreated varicose veins can increase the chances of injuries like ulcers developing, cause spontaneous bleeding, and make it tough to heal.



Specialists will examine your veins, medical history, and lifestyle habits to give you proper treatment suggestions that involve medications and medical treatments that can slow the progression of the varicose symptoms.

How can I prevent varicose veins?

Take suggestions from your doctor, who will advise you on how to prevent varicose veins. All you have to do is make changes in your lifestyle. A healthy and good lifestyle can reduce the risk of acquiring them. Healthcare providers suggest many of the same steps to prevent and treat varicose veins. Avoid standing and walking for a long time, maintain your weight, and Quit the use of tobacco products. Keeping these facts in mind, you can stop varicose veins.

Conclusion:

Your doctor can treat varicose veins if you notice them on time and do not delay the treatment. Ask your dentist and talk about your vein problems to learn more about varicose veins treatment.

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