

# What Do Veins Doctors Do?

**What is a Vein Specialist Called?** A vascular doctor is a manager who diagnoses and treats the condition in your veins and arteries. These specialists treat various health problems such as spider and varicose veins to life-threatening aneurysms. They can help prevent chronic conditions throughout your life.

## Training and education for Vascular Surgeons

**What is a vein doctor called?** A vascular surgeon is someone who specializes after several years of thorough training. After medical school, a doctor must complete additional specialized training to become a veins surgeon. This training includes vascular surgery procedures as well as invasive endovascular surgery.

## What Conditions Do Vascular Surgeons Treat?

A vascular surgeon treats many severe conditions that may affect blood vessels in every part of your body except the heart and brain.



An aneurysm is ballooning in the wall of an artery.

Atherosclerosis is a buildup of fat and cholesterol that may harden and start blocking the artery wall.

Carotid artery disease(CAD), or peripheral artery disease (PAD), where the arteries carry blood to your neck or limbs and become narrow.

Compression disorder

Access dialysis or placement of grafting.

Deep vein thrombosis (DVT) is a blood clotting situation in a vein deep in your skin.

Spider veins or webs of veins show just below the skin.

An injury may happen to your arteries and veins.

### Diagnosing Vascular Disease

To make a diagnosis, your surgeon will ask about your past medical history, any allergy, or symptoms. If necessary, your surgeon may ask to order additional tests, such as:

**Ankle-brachial index:** The doctor uses this to check the severity of PAD. This involves measuring blood pressure in the arms and ankles, then comparing.

**Ultrasound:** It is used to diagnose many conditions and helps to use sound waves to make pictures of your blood vessels.



### Treatment of vascular diseases

Vascular surgeons develop a treatment plan to fit each patient's needs. Depending on the severity and complexity of the case, this might include:

Your doctor may ask for a change in Lifestyle, like quitting smoking, doing some exercises or yoga, and choosing healthy foods.

Use some prescribed medicines that minimize the risk of blood clotting.

Ablation is a procedure in which your doctor safely closes your damaged blood vessels.

Angioplasty uses a balloon to open arteries and veins.

Stenting is when a metal tube is injected to hold an artery or vein and allow it to open for healthy blood flow.

Compression is a therapy in which a doctor uses special stockings to manage symptoms like pain and swelling during blood flow.

### **How much time will it take to get back to my routine?**

You should immediately visit your vascular surgeon if you find any such symptoms. Don't be afraid to ask if you need your doctor to explain something or any query about the procedure, cost, or anesthesia more straightforwardly.

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