

# What Are The Various Options You Have In Varicose Vein Treatment?

Throughout their lives, everyone likes to have nice sleek legs, however, sometimes fall victim to unhealthy veins. In most cases, unhealthy veins are a cosmetic concern and not life-threatening. Some individuals complain that the veins cause pain or discomfort. What type of [varicose vein treatment](#) are available to you, it's perpetually best to get them checked out to envision the type of condition you have.

A varicose vein is a skin-colored enlarged vein. It may be red or blue in color. They appear very ugly as these veins will appear knotted or bulging. These veins are ordinarily found on the rear of the calf or on the leg. **Vein treatment** is out there which might facilitate scaling back the unpleasant look of those veins thankfully.



Some **varicose vein treatment Lindenhurst** you would possibly need to consider are:

**1. Non-Surgical-** Such things as compression stockings are very good for low-intensity varicose veins. According to a **vein doctor**, these stockings relieve the aching and swelling. In your legs, these stockings ease the blood flow thus improving the blood flow to your heart. It's not secure however this typically stops the unhealthy veins from swelling. This of course will not stop varicose veins from growing but will slow down the process.

**2. Surgery-** Once you have had enough of the pain and discomfort due to your dilated veins, surgery is the solution you would possibly need to consider. Ligation and Stripping are done during surgery and these are the two most common procedures.

**Vein ligation:** To prevent the pooling of blood, the surgical tying of veins through a small incision in the skin is said to be Ligation. In conjunction with vein stripping or removal of the vein, ligation may be used. The vein is removed using a minimally invasive surgical procedure called venous ablation in many instances.

**Vein stripping:** It is used to remove or tie off a large vein in the leg called the superficial saphenous vein. This will help in treating varicose veins. It usually takes about 1 to 1 and half hours.



### **3. Radiofrequency Ablation-**

This technique requires a high-frequency electrical current to bring heat to the extended veins. This causes veins to close up and damages them. In most cases, **vein doctor Lindenhurst** gives anesthesia to the patients to decrease the level of pain during this treatment. After this treatment, you don't have to worry about your varicose veins anymore.

This disorder has an impact on many people across this nation. This suggests that there is a market for a successful solution to the problem of varicose veins and indeed, the choices for [varicose vein treatment near me](#) have risen sharply in recent years. The intensity of varicose veins will vary from person to person however they will cause a decrease in confidence in even the most confident person.

**Varicose vein treatment near me Lindenhurst** not just improves the shape of the legs, but at the same time helps the patient in regaining the confidence to do regular exercise and move out in public comfortably.