

When to See a Veins Specialist?

Phlebologist

What is a varicose vein specialist called? The vascular system consists of veins and arteries, which work together to circulate the blood in the body. Arteries and body parts do circulation from the heart to body parts to the heart by veins. A phlebologist is a doctor who treats only veins in the legs and only one type of disease, venous disease.

Vascular Surgeon

A doctor is an expert with the entire vascular system throughout the body. Vascular surgeons are trained and experienced in treating all venous and arterial diseases. This includes invasive and non-invasive surgeries like arterial bypass, carotid artery surgery, and vein grafting.



Signs and symptoms of varicose veins

1.) If your legs feel weak throughout the day due to standing for a while. It may seem normal for you to feel weak after standing for an extended period, but it's not. This weakness is a sign of veins disease. Varicose veins can weaken your legs, which may even worsen if you stand for hours. **When to see a vascular doctor?**

Elevating and a little exercise is a great way to relieve that weakness and heavy feeling. But still, if you are experiencing pain, it is time to visit your vascular doctor.

2.) Find a vein doctor near you

It may be a sign of venous diseases if you have dry, itchy skin or a rash around your ankle.

These are the signs and results of high blood pressure in your damaged veins. Blood is not flowing properly to your heart because of broken veins, and your skin suffers.

If untreated, your discolored or dry, flaky skin may turn into a venous leg ulcer, an unbearable pain condition with a complex treatment process. If you consult and take treatment for your venous disease signs, it won't reach the point of an ulcer.

You should visit your vascular doctor if you find any such condition in your legs and near the ankle.



3.) If Your leg starts making difficulties due to pain condition.

Not only are you having pains in your legs, but you are also suffering from aching and throbbing around your ankle. The more you go with daily activities, the more you experience the pain. Only doctors can examine and verify that you're suffering from vein diseases. So You should immodestly schedule an appointment with your vascular doctor.

4.) You are pregnant for the second time, and if you experienced varicose veins condition during your first pregnancy.

Changes in hormones are one of the common causes of varicose veins during pregnancy. One of the biggest drift happens in hormones. Pregnancy increases the blood pressure in women's bodies to support the baby, which results in enlargement of veins and hence varicose veins condition.

5.) Your veins have turned blue or purple and are bulging.

If you find your veins are changing color or bulging out. You should immediately visit your vascular doctor. Your veins change colors such as blue, purple, red, or green with swelling and irritation to your varicose veins. If untreated, your veins will develop a blood clot, which starts to resist blood circulation. So if you find any such condition, you should immediately visit your nearby vascular specialist.