

Understanding the Longevity of Laser Treatment: Do Spider Veins Return After Treatment?

You must have noticed these small, ugly, blueish, and greenish lines on your legs. These unattractive veins are known as spider veins. Normally, they grow up at the bottom of your legs, like surrounding the ankles or on your thighs. However, spider veins do not cause much trouble as varicose veins do. People may want to get rid of them due to aesthetic reasons. Most people want to know: [What doctor treats varicose veins](#) or spider veins? A phlebologist is a vein specialist with the experience and qualifications to deal with stubborn veins.

Understanding the Return of Spider Veins: Causes and Solutions

You've possibly found them visible earlier, and now they've reappeared—those continual and unsightly spider veins. Whether they originally seemed around your ankles or thighs and have been dealt with, you are probably questioning if spider veins can come lower back after remedy.



About Spider Veins

Spider veins are small, skinny veins that might be seen just below the skin's surface. They regularly appear on the thighs, calves, face, and breasts. While they can cause minor pain, such as itching or a feeling of tiredness in the legs, they are generally innocent and infrequently painful.

Why did Spider Veins Reappear?

The reappearance of spider veins often stems from new vein formation in place of the antique veins returning.

Several elements cause the reappearance of veins, such as;

1. Venous Insufficiency:

This circumstance entails insufficient vein function, leading to increased pressure in veins and inspiring the improvement of the latest spider veins. A simple, painless ultrasound can diagnose venous insufficiency by

assessing vein valve function. Treatment for this situation is essential to save you in addition to spider vein formation. Options include endovenous laser therapy (EVLT), which copes with the underlying venous problems before treating spider veins with sclerotherapy.

2. Genetics:

If the occurrence of spider veins is genetic, they may be much more likely to develop regardless of treatment efforts. Inheriting a tendency for spider veins means that treatment might need to be repeated periodically.

3. Hormonal Changes:

Hormonal fluctuations, including those that occur during pregnancy or menopause, can cause new spider veins.

4. Treatment Factors:

Sometimes, the techniques used, such as laser remedy or sclerotherapy, might not address the problem.



Treatment Options

1. Sclerotherapy:

This remains the most effective treatment for spider veins. It involves injecting a sclerosing agent into the vein, causing it to collapse and be absorbed by the body. Unlike sodium chloride, more recent treatments are much less painful and effective. Most spider veins treated with sclerotherapy disappear within three to six weeks, even though occasional follow-up treatments can be important for newly appearing veins.

2. Laser Therapy:

While laser treatment can be powerful, it regularly requires several sessions and can be uncomfortable. The method works by applying warmth to the vein, which may occasionally result in insufficient consequences if not sufficient heat is introduced. [Do Spider Veins Come Back After Laser Treatment?](#) They might come if we do not follow precautions.

The vein specialists should perform the treatments. **What is a Vein Specialist Called?** A phlebologist helps patients deal with potential issues.

Preventing Spider Vein Recurrence

To lessen the likelihood of recent spider veins forming after remedy, keep in mind these preventive measures:

- **Exercise Regularly:** Physical activity, particularly sports that strengthen the legs, can improve stream and vein health.
- **Maintain a Healthy Weight:** Excess weight can strain veins, leading to new spider veins.
- **Follow a Balanced Diet:** A nutritious eating regimen helps common vein fitness.
- **Wear Compression Stockings:** These can assist in reducing venous stress and save you the development of new veins.

Understanding why spider veins could go back helps choose the proper treatment and preventive techniques. For an intensive assessment, book an appointment with a vein specialist.