

What is the Best Way to Treat Varicose Veins?

A whole lot of people experience problems with their body, among which some can be treated and some cannot be treated having reached a certain age. The appearance of varicose veins is a problem that develops over some time and at some point in life, people need to have it treated.



Why do you need to get varicose veins?

The veins develop to be seen right below the surface of the skin because the walls or the valves of the veins start to weaken. Since the walls get weakened, the blood passing through the veins spreads at the spot and causes the veins to swell and appear close to the skin surface say [vein specialist near me long island](#). The appearance of the veins at first comes with a cosmetic issue, where the person suffering from the problem may feel embarrassed or depressed.

However, the problem, when it remains untreated; turns to a more painful problem and then needs to be treated with either a laser treatment for varicose veins or surgery. There are a

varied number of treatment techniques that are used to handle the problem of varicose veins.

What problems you may face during varicose or spider veins?

You may feel some heaviness in your legs because of the varicose veins. You may experience muscle cramps with aching and throbbing in the legs. With your veins visible, the skin on your legs may be discolored. You may have thin discolored vessels that appear bluish or purple is known as spider veins. According to a **vein doctor near me**, on your legs, they can cause skin ulcers and can cause swelling in your ankles and calves. Your legs may burn or itch or they can also feel tired. Daily activities such as standing, walking, and sitting may be painful and tiring.



What are the most common treatments used for vein treatment?

- One of the most popularly practiced **veins treatment near me** for the issue in the current times is the laser technique. This is also known as thermal ablation and it makes use of laser technology to heat and collapse the swollen vein to be taken in by the body. After the vein is collapsed, people may feel slight discomfort but within a week the vein disappears and so do the uncomfortable effects of the treatment.
- Another method of **vein treatment in Jericho** for the problem is sclerotherapy which makes use of a medication that is injected directly into the vein to place it back in the bloodstream. This treatment method best works for the veins when they are not very

large. This is a method that also uses laser technology in carrying out its processes and it is found to be the most non-invasive method of treating the vein issue.

- Another way to treat this is with the use of the foam method, which is the use of a foam-like drug that works from within and helps eliminate the issue. The **varicose vein treatment** is also done with the use of surgical procedures. The surgery is carried out in the part that is affected by the vein and the vein itself is completely removed to treat the problem.

So, you can opt for any one of the above treatment options for your vein treatment according to your comfortability. But you have to first consult a vein doctor above the [vein treatments near me](#).