

What Are The Effective Treatment Available For Varicose Veins?

Varicose veins are large twisted bulgy veins that appear on legs and body due to heredity, overweight, prolonged sitting and standing hours, pregnancy, and menopause. When it comes to the treatment of varicose veins many people across the world are suffering from varicose veins but are not able to visit a dermatologist or vein expert because they're scared of laser treatments. In this article, we have written down some effective treatment options for treating varicose veins. If you are someone suffering from severe varicose veins that causes intense pain, burning, throbbing, skin discoloration, and swollen legs then you should know reading this article will help you in identifying which treatment options is most suitable for you so do make sure of reading this entire article till the end.



How can I permanently cure varicose veins?

Here we have penned down some efficacious treatment possibilities for varicose veins, reading this treatment thoroughly and carefully will help you understand them much more:

1. Sclerotherapy:

Sclerotherapy is one of the most common treatments for treating small varicose veins and spider veins. In this treatment, your veins specialist first injects foam solution on your tiny varicose veins. This injection of foam solution will fade these varicose veins in a few weeks. This treatment requires 2 -3 sessions with the vein surgeon for effective disappearance of veins.

2. Laser treatment:

Many veins suffered patient preferred laser technology over other treatments because laser treatment seals off the small varicose veins and spider veins easily and effectively. The laser treatment affects the varicose veins by offering strong laser heat light to veins that deliver slightly fading veins without the use of injections.



3. Radiofrequency or laser energy:

In radiofrequency and laser energy treatment the vein surgeon will first insert a catheter into the large and twisted varicose veins by offering heat to the tip of the catheter. After the insertion, your bruin surgeon will pull off the catheter which enables the heat to damage veins by instant collapsing and sealing off. Many vein specialists prefer the treatment of large twisted veins.

4. High ligation and vein stripping:

High ligation and vein stripping involve removing the veins through a small incision by tying veins before joining or deep veins. Many people choose this treatment for the removal of varicose veins because it is a one-day procedure that removes veins effectively and fast.

5. Endoscopic vein surgery:

People choose this treatment after the failure of advanced technology removal of varicose veins. In this procedure, your vein surgeon will insert a thin wafer video camera into your

legs to visualize varicose veins which enables the removal of veins through small incisions. This is also a procedure that can be done in one day.

Takeaway!

We hope you liked this article and it was a help for your understanding of the effective treatment of varicose veins. If you are someone thinking about [What doctor treats varicose veins?](#) Then you should know a vein specialist is a doctor who treats varicose and spider veins. You can contact the best vein specialist by visiting our website.

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