

What are the questions asked for varicose and spider veins?

Before visiting your doctor or specialist, prepare the questions to ask the surgeon so that you will be sure that [Is it worth getting varicose veins removed?](#) Or [When to see a vascular doctor?](#) And many more questions.

Here are some questions to ask your doctor:

What is laser treatment for spider veins?

Laser treatment is a prevalent and effective treatment for spider veins. This treatment is an effective and fast way to eliminate unwanted diseased veins.

The lasers use a beam of light on the targeted area. During the treatment, the laser's beam targets the affected area where blood clots are formed in the legs. The laser delivers heat that destroys the vein.

The vein vanishes away as soon as the body absorbs it. It will take four to six weeks to see the laser therapy results.



What types of laser do the surgeon uses to treat spider veins?

Most surgeons use The Nd-YAG Laser System to treat spider veins. It is a small in-hand tool with a cooling tip, and the cooling end provides ease during the treatment.

Am I a candidate for laser treatment?

You must consider your surgeon, and your doctor will evaluate your condition before starting laser therapy. For most people, spider veins are cosmetic defects and do not have any signs; for some, it may be a severe issue. Your doctor determines if you have varicose veins.

Will my diet impact varicose veins?

Yes. It may impact in a good way as well as in a wrong way. It depends on what you eat and can improve or worsen your varicose veins.

Eating more fruits and vegetables and high-fiber foods leads to a healthier body and, fortunately, gives healthier veins. Whereas consuming salty foods puts more magnific stress on veins.

Can my spider veins divert into varicose veins?

You may not discover that the difference between varicose veins can sometimes be confused with spider veins. Still, in reality, they both are different conditions that are detached.

Spider veins cause much milder swelling but are more visible and darker than normal veins; they significantly differ as spider veins are less painful.



Are compression stockings a beneficial cure?

Compression stockings can be a helpful treatment for patients with varicose veins as they can treat your vein disease. Wearing them can help prevent blood clotting by applying direct pressure to the affected veins. It stimulates blood flow in the veins and helps in reducing inflammation and preventing blood from pooling in the legs.

If you are going through the treatment, you must wear compression stockings, and you should ask a doctor about which type of stocking will be best for you.

What will happen if I leave my varicose veins untreated?

This is the worst thing you can do to your veins. Leaving your affected veins untreated can cause other issues and affect your whole body.

When varicose veins are left untreated, it can result in sores, skin ulcers, blood clots, and even deep vein thrombosis (DVT).

The best way to avoid these complications is to treat varicose veins as soon as possible to avoid costly treatments further.

Conclusion:

You can cure varicose or spider veins if you visit your surgeon on time and have a treatment plan. Exercising and wearing compression stockings can help you relieve the pain.

Article Source : <https://www.gohealthtips.com/what-are-the-questions-asked-for-varicose-and-spider-veins/>