

Does Varicose Vein Cause Pain?

Varicose veins may or may not cause pain; it depends upon the various things. They are easily seen as the problem. Sitting or standing for a long time can be the reason for varicose vein structure and other things. Whatever might be the reason but [vein treatment](#) is required for healing and comfort.

Damaged valves within the veins are usually regarded to be the root of varicose veins. When working correctly, valves stop the blood that is being pumped up to the heart and stop getting it back. Valves that work poorly may create the blood to flow rearward upon standing. Women who are around the age group of 30 and 70 are the most sensitive to develop it and should seek alternatives related to **vein treatments**. Many experts think that some people came with abnormalities in the vein walls making them susceptible to varicose veins later in life. Pregnancy creates more strain on the legs and also improves the productions of hormones that cause broadening of the veins. Standing for long periods of time or being more than your regular weight can be the reason for getting varicose veins. Over time this weakens the veins. Straining from tight clothes, constipation, or any other straining for the normal body then it can lead to varicose veins.



Vein doctor performs physical checkups and tries tests to check the varicose veins. These tests also rule out other problems. From this diagnosis, the [vein specialist](#) will decide which treatment is best and what you can do to further help.

One varicose **vein treatment** is vein stripping and it is not regarded as the best alternatives. This procedure removes veins by surgery. Recovery may take up to four weeks. A study found vein stripping to be about 70% effective in eliminating venous reflux. Venous reflux is blood retention in the legs due to valves in the legs not working properly causing not enough blood to be pumped to the heart. If you detect any problem then it's wise to consider the **vein treatment near me**.



Another option is using lasers to seal veins by blood clotting and thermal damage and you can get this at the expert of **varicose vein North Shore**. This procedure is not invasive and can be performed on the outpatient service. In one test laser procedure was about 90% effective in preventing venous reflux.

The best treatment option is VNUS closure. This procedure can be performed in a doctors' office using only local anesthesia. A catheter is inserted below the knee. Bursts of energy from the catheter seal the veins. Patients treated with closure have less pain and fewer complications than those treated with lasers. In a clinical trial, VNUS closure was 97.4% effective in preventing venous reflux. If you are having some doubt regarding the same then in this case you should consult the doctor for vein treatment for getting the relief.