

Can You Explain The Laser Treatment For Varicose Veins?

Can laser treatment remove varicose veins? Yes, laser treatment is highly effective on varicose and spider veins. A laser is a highly focused ray or beam of light energy. A vein specialist uses laser energy to treat varicose veins. The laser's heat damages the varicose veins, making scar tissue form and close the veins. The vein loses the source of blood and dies. A vein is likely to disappear after a year or two.

Many people who want laser treatment ask us [Do Spider Veins Come Back After Laser Treatment?](#). The answer is no. the treated varicose veins do not reoccur. However, there's always a possibility of new varicose veins appearing on a different part of your leg. There are two kinds of laser treatment for varicose veins.



Simple laser treatment

Vein specialists perform this procedure on the outside of your skin. It can treat small varicose veins and spider veins just under the skin surface. It usually requires more than one laser session.

Endovenous laser treatment

Endovenous laser treatment is able to treat larger varicose veins in the leg. The vein specialists pass a laser fiber through a thin tube into the vein. While doing so, they monitor a vein on a duplex ultrasound screen. A laser is less painful than vein ligation and stripping, and it has a shorter recovery time.

What are the significant side effects and complications of laser treatment?



The more experience your vein specialist has with laser, the less risk you will have. Talk to your vein specialist or vascular surgeon about how often these risks and side effects happen in their practice. The possible side effects and risks of laser treatment include-

- Skin coloring changes
- Skin burns
- Large or small blood clotting in the veins or deep veins
- Feeling of pain, burning, or prickling from nerve damage after recovery

How to reduce varicose veins without surgery?

People often ask us **Can you get rid of varicose veins without surgery?**. The solution to this question majorly depends on the condition of your varicose veins. If you have mild varicose veins, which are less problematic, you can try the home-care remedies to treat them. Still, if you have severe varicose veins causing you immense pain and discomfort, it is better to visit a vein clinic or hospital for treatment. If you have mild varicose veins, you can use the following home remedies to assist your symptoms and manage your condition:

- Exercise
- Compression stockings
- Dietary changes
- Quit smoking
- Avoid wearing tight clothes.
- Elevate your legs high to the level of your heart

Conclusion

We hope that this information helps you learn more about varicose vein treatment. In the above information, we discuss the laser treatment for varicose veins, side effects or complications of laser treatment, how to get rid of varicose veins without surgery, and more. For further information regarding varicose veins, contact veintreatmentli.com.

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