

How Does Varicose Veins Helps in Treating Varicose Veins?

When varicose veins appear, they seem twisted beneath the skin's surface. The blood vessels swell and protrude outward. Depending on the condition's seriousness, you will possibly feel a heavy sensation along with consideration as well as chronic aches. As a result of blood pooling within your legs, you also might be subject to cramps in the evening.

Not all varicosities require [vein treatment li](#) Some cases can be dealt with by keeping your legs raised (to drain the blood) and wearing compression stockings. That said, the blood vessels which are bulging are unappealing which brings about many people who suffer from varicose veins to look for a solution.



What are the reasons for varicose veins?

- Veins are blood vessels that return deoxygenated blood from different parts of the body back to the heart and lungs. This usually occurs in the legs and thighs.
- The exact cause of varicose veins is not known but some risk factors have been identified as contributory.

What are the risk factors?

Here are some of the risk factors that are mentioned below:

- Valve problem that some believe is a matter of genetics
- Abnormalities of the venous wall from birth. The result is a reverse flow of blood when they stand up and exercising.
- Age-related, growth rate between the ages of 30 and 70.
- Obesity may trigger the condition.
- Pregnancies that result in increased progesterone, blood pressure, and body are the pelvic area.
- Hormonal changes in pregnancy, pre, and post-menopause.

What are the options to deal with varicose veins?

To deal with varicose veins, there are several ways. One of the best solutions used by varicose **vein specialists in long island** is Endovenous Ablation.

It is a **varicose vein treatment** technique that causes a targeted varicose vein to vanish. This treatment is minimally invasive and can be done in your doctor's office in under an hour. To numb the area to varicosity, a local anesthetic is utilized. A laser fiber or a catheter is put into the targeted blood vessel after this.

After putting the catheter or laser fiber into the vein it will be heated up. The catheter or fiber discharges heat that will damage the blood vessel's inner lining and makes it cave in. To transfer blood the ability of the shrunken vein is then lost and it ultimately shrinks and vanishes. It's easily tolerable, although you might feel a small level of pain during the action of the laser.



For varicose veins, after an endovenous laser ablation [veins treatment Lindenhurst](#), you are normally told to wear compression stockings for the following week. They help to prevent the onset of blood clots and also assist in minimizing bruising.

What are the advantages of endovenous ablation?

When compared to other **veins treatment long island** options, there are several advantages to this procedure:

1. There is no need for an incision as endovenous ablation is a minimally invasive procedure. Scarring is minimal as a result.
2. The complications related to this **vein treatment Jericho** are less as well.
3. In addition, recurrences are rare as well. While offering relief from contained pain and aching, the **varicose vein treatment near me** will also minimize the possibility of skin ulcers.