

# Frequently asked questions about Varicose Veins?

Varicose veins are unappealing, enlarged, and twisted veins that develop beneath the skin. It causes discomfort and pain, making people feel self-conscious.

Several aspects can cause varicose veins and develop in both men and women. Many people sometimes don't realize they are suffering from varicose veins as sometimes it does not show any symptoms. But not to worry, you don't have to live with varicose veins. Several ways can treat vein disease.

Some generally asked questions regarding varicose veins symptoms and the latest progress in treating varicose veins.



## Who can suffer from varicose veins?

A. Varicose veins can affect men and women both and are pretty standard; up to 30% of the population suffer from varicose veins.

They are often seen in women, particularly pregnant women, although there is also a vital genetic component. Most patients suffer from varicose veins because of either a mother or father with a history of varicose veins. Patients who stand and walk a lot can also have the symptoms of varicose veins.

Maybe a question arises in your mind "[What doctor treats varicose veins](#)"?. A doctor or a vascular surgeon specializing in veins can treat your vein disease or varicose veins.

## What symptoms do varicose veins cause?

A. Varicose veins can cause a whole range of diseases. It can cause severe pain, itching, swelling, heaviness, and tiredness. In the most severe cases, they may bleed or cause ulcers that need special treatment further to cure those ulcers, and these ulcers can cause a large amount of pain and be quite challenging to heal.

Your surgeon can treat varicose veins, consult your doctor and discuss your vein condition. Your doctor will suggest possible treatments to treat your disease. The symptoms are seen mainly in the legs; blue and pale skin are the signs of

varicose veins and, if left untreated, can cause severe damage to your body as it pools the blood in veins and does not allow it to travel through the heart.



### How do you prevent the symptoms of varicose veins?

A. If you want to prevent varicose veins, you need to care for yourself, and aside from losing weight, there is no other way you can prevent varicose veins. An early symptom of varicose veins is relatively easy to treat with simple compression stockings. They are of distinct sizes, shapes, and colors and can be either prescription or over-the-counter. Curing on time is sufficient to improve symptoms and prevent them from worsening

### What will happen if the compression stockings don't function?

A. When compression stockings do not improve the varicose vein symptoms, or if you cannot handle their use, it is essential that you see a physician or your vein specialist who specializes in the treatment of varicose veins. There are ways of treating vein diseases today, and the old vein "stripping" is infrequently done.

### What happens when you see a vein specialist?

A. Thinking of "[what to expect at a vein clinic](#)"? When you see a vein specialist.

A vein specialist, a vascular surgeon, can recognize vein symptoms through evaluations, diagnosing your conditions with different tests and diagnostic screenings. Your vein specialist will take some pictures of your leg with the varicose veins. Your doctor will use a painless ultrasound, which allows the doctor to determine where the problem is occurring and help to treat your vein disease.

### Conclusion:

Hopefully, you must have got all your answers about varicose veins treatment. It is better to treat them on time; otherwise, they can cause severe damage.

