

# How To Recognize The Early Onset and Treat Vein Disease?

The condition known as chronic venous insufficiency (CVI) is brought on by damaged leg veins that are unable to function normally. Normally, valves in the veins of your legs prevent blood from returning to your heart. However, CVI harms those valves, causing blood to pool in your legs. This results in symptoms like edoema and ulceration and raises the pressure in your leg veins.

Both veins are brought on by weak or damaged valves, which can result in blood pooling and bulging. Age, heredity, obesity, pregnancy, lengthy periods of standing or sitting, and pregnancy are all risk factors for developing varicose or spider veins. Read the rest of the article to learn more about the early indications of vein disease.



## What does vein treatment mean?

Vein treatment introduces medical procedures that address challenges with the veins in the body, majorly the legs. This can include treating spider veins, varicose veins, and other conditions that affect blood flow through the veins.

Treatment options include non-surgical methods such as compression stockings or lifestyle changes and more invasive procedures such as sclerotherapy, laser therapy, or surgery.

You might be wondering; [What doctor treats varicose veins?](#)

Well, the answer to this is that the vein treatment specialist treats this.

A physician who treats venous disorders is known as a vein specialist. Under the direction of the best vein specialist, a doctor with training and experience in treating severe varicose veins is referred to be a vein specialist. Your vein specialist will determine the nature and severity of your vein disorder. They will be able to identify the cause of your vein disease through an examination and evaluation using a certain test.

**Ways to recognize the onset of varicose vein disease are :**

Sometimes varicose veins don't hurt. Varicose vein symptoms include:

- Bluish-purple or dark-purple veins
- Entwine, bulging veins that frequently resemble cables on the legs
- Legs that be heavy or aching
- Lower leg edoema, muscular cramps, burning and throbbing
- Pain that worsens after spending a lot of time sitting or standing
- Itching around a vein or many veins
- Discoloration in skin tone near a varicose vein

These are the early signs and symptoms to know that you are suffering from vein disease and now need treatment and recommendations from the vein specialist.



When you start observing these symptoms, you should enquire about **what kind of specialist treats varicose veins** so that you can visit a nearby doctor to get it treated.

### Summing it up :

We hope you like the article, and now you might be looking for an answer [How can I get rid of varicose veins without surgery?](#)

Well, here is the answer to the way you can take measures to treat it without surgery. The most conservative treatment approach is compression therapy. Without a prescription, compression stockings provide a certain amount of pressure to the legs to reduce pain and edoema.

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