

# Why Go For The Brazilian Butt Lift Procedure?

Without implants, a [Brazilian butt lift](#) is a specialized fat transfer surgery that improves the size and form of the buttocks. Liposuction or **Fat Grafting** removes extra fat from the hips, abdomen, lower back, or thighs; they'll carefully inject some fat into the buttocks. Genetics plays a huge part in determining the size, shape, and proportion of a person's buttocks. Your skeletal structure and how the body stores fat also impact the lower body's appearance.

You can attain healthy body weight and tone muscles with a good diet and exercise. Still, despite leading a healthy lifestyle, many patients are nevertheless dissatisfied with their "flat" and shapeless buttocks. **Brazilian Butt Lift** surgery can reshape the buttocks and surrounding areas, including the hips, lower back, and thighs, to assist patients in overcoming the effects of genetics.



## What does a Brazilian butt lift procedure do?

You may consider the Brazilian **Butt lift** procedure to:

- Lessen the fat pockets on your thighs, hips, or belly while adding volume to the buttocks
- Enhance the curves of your lower body
- Give a more aesthetically pleasing and youthful shape to flat buttocks.
- Help the clothes fit more attractively.
- It enhances your overall proportions by improving your upper and lower body balance.

## Who are the perfect candidates for a Brazilian butt lift?

You can improve the form and size of the [Buttocks](#) with a Brazilian butt lift. Some patients are better candidates than others. It's crucial to have practical expectations for the procedure, recovery, and outcomes. In general, if you concur with the following, you might be an excellent candidate for a Brazilian butt lift:

- You want to enhance your buttocks without using implants.
- The skin tone on your hips and buttocks is friendly.
- You have enough fat reserves in other places to take out and inject into your buttocks.
- You are prepared and able to refrain from doing so for several weeks.

## What Happens In The Brazilian Butt Lift Procedure?

Surgeons frequently use general anesthesia, intravenous sedation, and local anesthetic during outpatient surgery. A competent cosmetic surgeon will consider this and may initially inject slightly more fat into the buttocks than is necessary to ensure your ultimate results most closely achieve your aims. It is common for some of the injected fat to not "take" in its new place. A Brazilian butt lift involves these three basic steps.



- Liposuction eliminates fat from the hips, lower back, thighs, abdomen, and other places.
- The fat that was taken is cleaned and ready for transmission.
- To add volume and improve the shape, the cosmetic surgeon injects fat at particular locations on the buttocks.

## What is the recovery process of a Brazilian butt lift?

Recovery from a buttocks procedure necessitates some unique adjustments. After a Brazilian butt lift procedure, you won't be able to sit or rest directly on your buttocks for about two weeks. Even though pain usually is moderate and easily managed with painkillers. You will have to sleep on your side or stomach during this period. You must either stand or lie in this position for all activities other than using the restroom.

When you're ready, your cosmetic surgeon will let you sit in a modified position that relieves pressure on your buttocks by utilizing a "donut" seat or inserting a pillow between your thighs. After around eight weeks, they'll permit regular sitting activity.

## **Conclusion**

The above-given article gives us valuable insight into the Brazilian butt lift procedure. The above information focuses on the importance and the benefits of the BBL procedure. For more informative details, please visit [premieresurgicalarts.com](http://premieresurgicalarts.com).

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