

How Much Does It Cost to Get Rid of Cheek Fat?

The buccal fat pad rounded around the middle of your cheeks. It's located between the facial muscles, in the hollow area with the cheekbone. Everyone has buccal fat pads. But the size may vary greatly.

Your face may be circular or round if you have larger buccal fat pads. You may experience feeling like you have a baby face.

There is nothing wrong with bigger cheeks; however, you can consider contacting a doctor or cosmetic surgeon for an aesthetic look. They will remove the extra fat and reduce the width of a round face. So, if you're interested in buccal fat removal, read this complete article for thorough knowledge.



What is buccal fat removal?

Buccal fat removal surgery is a cosmetic surgery known as [Cheek Reduction Surgery](#) or buccal lipectomy. During this procedure, they will remove the buccal fat pads from your cheeks that define facial angles or smoothness. A doctor can do this surgery lonely or with plastic surgeries such as

- Rhinoplasty
- Facelift
- Chin implants
- Lip Augmentation
- Botox injection

Am I a good candidate for buccal fat removal?

You might be a good candidate, but no one can say without a proper diagnosis; if you fall in any category, consider contacting a [dermatologist near me](#).

- You're at a healthy weight.
- You dislike the fullness of your cheeks.
- You're in good physical health.
- You have a round, fuller face.
- You're seeking facial feminization surgery.
- You have realistic expectations.
- You don't smoke.

Buccal facial surgery isn't for everyone. It may not be recommended if you have the following:



- **Your face is narrow:** Naturally, if you have a thin face, the surgery can sunken your cheeks and lead to a bad appearance.
- If you have a progressive hemifacial mouth, your skin from one side may shrink and affect the buccal fat pad.
- As time passes, you'll naturally lose fat from your face. The treatments may emphasize other signs of facial aging.

You should contact a plastic surgeon if you're in ideal conditions.

What's the pre-procedure like?

You should talk to a plastic surgeon if you experience any of the following:

- Medical conditions
- Expectations and goals

- Alcohol, tobacco, and drug use
- Currently on medications, including vitamins and supplements.
- Allergies
- Past surgeries (history of surgeries)

This vital information can help your doctor choose a treatment for you, and they can take precautions to minimize the risk and recovery.

What are the potential complications associated with buccal fat removal?

Buccal fat removal surgery is considered safe. But like other surgeries, there are minimal side effects possible.

- Possible side effects include
- hematoma
- poor results
- excessive bleeding
- negative reaction to anesthesia
- infection
- seroma (fluid accumulation)
- facial nerve damage
- salivary gland damage
- lockjaw
- deep vein thrombosis
- facial asymmetry
- excess removal of fat
- cardiac or pulmonary side effects

You should seek a doctor if you notice any of these unusual symptoms.

- signs of infection
- chest pain
- abnormal heartbeat
- shortness of breath

- excessive bleeding
- severe pain

Conclusion

If you have a round or child-like cheek and your experience is awkward, consider contacting a cosmetic surgeon to know what is best for you. They can also suggest various cosmetic surgery, like **neck fat removal** or complete **Mommy makeover surgery**. Moreover, you can ask a doctor for **mommy makeover before and after** photos.

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