

BREAST AUGMENTATION: AN EFFECTIVE PROCESS TO ENHANCE THE LOOK OF YOUR BREASTS.

Breast augmentation, technically known as Augmentation Mammoplasty, is a surgical procedure to enhance the size and shape of a woman's breasts. Many women find that breast augmentation not only enhances their appearance but also contributes to their quality of life. Women decide to have a breast procedure for a variety of reasons. For many, it is an opportunity to improve their body contour and achieve the more proportional figure they always wanted. Some women view breast enhancement as an option for taking control of their lives and changing their appearance to better reflect how they feel about themselves.

Reasons for Breast Augmentation:

One of the first things for you and your plastic surgeon to determine is whether you are a good candidate for breast augmentation. In some cases, women may seek breast enhancement to restore breast volume lost as a result of having children.



Weight loss can help the [Breast Reduction Houston](#) and breast enhancement (alone or in conjunction with a breast lift) may be recommended to improve these problems. Another reason for undergoing breast augmentation may be to equalize the size of the breasts if one is

larger than the other. Perhaps most commonly, women simply feel that their breasts are too small; their clothes fit well around the hips but are often too large at the bust line, making it difficult to wear the styles they prefer. They may feel self-conscious about wearing a swimsuit or form-fitting top, or they lack confidence about their body in intimate situations.

Breast Augmentation Houston can help correct droopy breasts giving them the desired shape without varying the breast size. Mastopexy is particularly appropriate after childbirth when the breasts tend to shrink and sag. Surgery can help elevate the position of the nipple creating the desired lift, while any excess skin is removed to help combat sagging and tighten the tissue.

Breast Augmentation Procedure:

During this procedure, to make incisions, the specialist will isolate your bosom tissue from the muscles and connective tissue of your chest. This makes a pocket either behind or before the furthest muscle of the chest divider (pectoral muscle). The specialist will attach the implant into this pocket and join it behind your areola in the center.



Saline inserts are embedded vacant and afterward loaded up with clean saltwater once they're set up. Silicone inserts are pre-loaded up with silicone gel.

At the point when the implant is set up, the specialist will close the cut — regularly with lines (stitches) — and wrap it with skin glue and careful tape.

Cosmetic surgery includes several complex procedures, and it is crucial that one chooses an experienced and skilled surgeon who you can rely on. Your plastic surgeon must possess several years of surgical training, and at least two years of experience in cosmetic and reconstructive plastic surgery. Surgeons should be certified and trained to deliver consistent results.

Breast Augmentation Before And After:

Before the procedure, consult your cosmetic surgeon to determine the preferred choice for breast size, feel, and appearance. Discuss treatment with him/her to get the desired shape including teardrop, saline, or silicone.

After the treatment patients may experience soreness and swelling for a few weeks. Surgeons may recommend wearing a compression bandage or sports bra for extra support and positioning of the breast implants.

In Houston, breast augmentation may cost from \$5,500 to \$8,000. However, it depends on several factors, including the credentials and experience of your surgeon.