

What is Blepharoplasty?

Blepharoplasty is a type of surgery that is performed to lift the eyelids. Moreover, it removes the excess skin on your skin from the upper land to the lower eyelids. It's called **eye lift surgery** or blepharoplasty.

Why Is Blepharoplasty Done?

This is cosmetic surgery and gives an aesthetic look to the face. It's also very effective in improving the weight of older people with sagged upper eyelids that get in the way of their vision.

An **eye lift surgery** won't get rid of dark circles or other facial wrinkles. It's often done with procedures such as laser resurfacing, filler, or forehead lifts.

The process of eyelid aging

As your skin ages, it gradually loses its elasticity. The lack of elasticity plus the constant pull of gravity makes your excess skin collect on the upper and lower eyelids.



Because excess skin on the lower eyelids can cause wrinkles and bulges, on the upper eyelids, you'll have an extra fold of skin that can hang over eyelashes and restrict the way of seeing.

The fat that supports the eyeball from the skull can cause bulges in the upper and lower eyelids. Moreover, the thin membrane that holds the fat weakens with age and lets it come forward.

Am I a Candidate For Blepharoplasty?

The best person for an eye lift surgery who has good health and a realistic idea of what they want. According to a reliable study, most people are 35 years or older. Still, suppose your family has the problem of baggy eyelids. In that case, you can consider seeking a doctor for a thorough diagnosis and treatment.

Eyelid surgery can help improve your aesthetic appearance and help boost your confidence. But, it may not create an ideal look or alter your appearance structure. Before you decide to have surgery, you should talk to your doctor about the goals and the [laser fat removal](#).

Blepharoplasty Preparation

You'll need another person to drive you home after the surgery. You should also have someone to take care of you at night.

And it would be best if you planned to work from home and limit your regular activities for several days after the surgery until your eyelids heal. Some people have dry eyes after the surgery, but this may be temporary for two weeks. If you have had dry eyes for more than two weeks, seeking a doctor will help you know **the eye lift cost**.



What are the important things after the surgery?

At home, you should have some items ready:

- Ice packs or bags of ice, frozen corn, and peas
- Ice cubes
- Small gauze pads
- Eye drops or tears
- Cleaned washcloths or towels
- Over-the-counter medication
- Advil, Motrin, Aleve, and aspirin should not be used to increase the bleeding or swelling.

Conclusion

If you want to enhance the aesthetical look of your eyelids, consider contacting a doctor to know about eye lift surgery and [eye lift surgery cost](#).

Article source : <https://www.articleapprove.com/what-is-blepharoplasty/>