

# Who is a Good Candidate for Blepharoplasty?

Blepharoplasty is a kind of treatment performed on your eyelids. It is the procedure to remove extra skin from the upper eyelids and reduce graphical weight on the eyelids. It's also called an [eye lift](#) or eye surgery.

## Why Is Blepharoplasty Done?

This treatment is usually done for cosmetic reasons. It's also a meaningful way to enhance sight in older people whose sagging eyelids get in the way of vision.



An eye lift won't eliminate dark circles under your eyes, crow's feet, or other problems with your skin. It's often done with other treatments such as laser resurfacing, filler injections, or forehead lifts.

## The eyelid aging process

As skin ages, it gradually loses its ability to elasticity and glows. A lack of elasticity and the constant pull of gravity can collect on the skin and lower eyelid.

Excess skin on the eyelid causes wrinkles and bulges, and the upper eyelid with an extra fold of skin that can come in between the way of seeing.

The fat that cushions the eyeball from your skull bulges in the upper and lower eyelids. The thin membrane holds the fact in place and weakens your eye power, letting the fat come forward.

### Who Is a Good Candidate For Blepharoplasty?

The best candidates for eye surgery or Blepharoplasty are those with good health and a realistic idea of what they need. Most people are 35 years or older, but if baggy and droopy eyelids run in your family, you may need eye surgery done sooner. Eyelid surgery can upgrade your appearance and help your confidence build. But, it may not result in your perfect look and alter your facial structure.

Before going for surgery, think about your personal goals, [eye lift surgery cost](#) and discuss them with your surgeon.

### Blepharoplasty preparation

You'll need another person to drive you home after the treatment. You should also have someone to sit with you at night. Expect and plan to stay from work. Also

you should restrict yourself from other activities for at least one week.



Some people have dry eyes after the [eye lift surgery](#); however, they rarely last for more than two weeks. Suppose you have had dry eyes for over a few weeks. In that case, you should consider contacting a doctor for thorough treatment and eyelid surgery costs. At home, you should have the same items:

- Ice cubes,
- Small gauze
- Ice bag
- Eye drops or artificial tears,

- Washable towels and cloths
- Pain killer and otc like naproxen

### After the surgery

Your surgeon will probably put cream in your eyes to keep them hydrated and cover them with cold compresses while in recovery. Right after surgery, you must have blurry vision from the cream and be sensitive to light. Whether your eyes feel watery or dry, consider contacting a doctor for a thorough checkup.

### Conclusion

Suppose you have fluffy and fat on your eyes due to gravity pull. In that case, you should consider contacting a doctor for a thorough diagnosis and [eye lift cost](#).

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