

# LIPOSUCTION - WHAT ARE THE DIFFERENT PROCEDURES?

**Liposuction** or liposculpture is a type of cosmetic procedure that is based on the suction technique, which eliminates the extra fat from specific areas of the body. Therefore, both women and men can improve the shape of their bodies without major scarring.

Liposuction should not be perceived as a weight loss alternative, but as a method to eliminate stubborn fat which doesn't seem to disappear through exercising or diets. During liposuction, only the superficial layers of fat are removed, not the deeper ones, and although this procedure is suitable for both sexes, women are the ones who undergo liposculpture more often as they tend to develop excess fat on more areas of the body as compared to men who usually require just abdominal [Liposuction Near Me](#).



It should be kept in mind that **Houston Liposuction** is not compatible with a tummy tuck as it helps patients get rid of the superficial fat whereas a tummy tuck targets more intense areas of fat and also eliminates the extra layers of skin which is often a post effect of pregnancy.

There are different kinds of liposuction procedures available today, however, all have one common aim: to remove the extra fat from particular areas of the body. Here are a few types of liposuction operations:

## **Vaser liposuction or HD liposuction:**

The popularity of this kind of cosmetic procedure is on the rise because the recovery process is significantly faster and easier. This is the fact that HD liposuction is done using ultrasound liposuction technology which promotes the removal of fat without affecting blood vessels,

nerves, or connective tissues. During a Vaser liposuction, the surgeon only targets the fat cells, easily removing them after being broken apart, this kind of procedure being able to make excess fat disappear from areas of the body where standard liposuction cannot be used. Vaser liposuction can treat areas like the chin, neck, chest, breasts, upper arms, hips, and thighs.



### **Laser liposuction:**

This type of liposuction involves the use of a laser that liquidates fat before it can be removed. This makes the suction technique less invasive, another benefit of laser liposuction is the production of natural collagen which minimizes the risk of post-op sagging skin. The laser used during this procedure can also positively influence the risk of bruising and bleeding because it cauterizes broken blood vessels.

### **Tumescent liposuction:**

Surgeons that perform this kind of liposuction using a diluted mix of various types of medication along with a local anesthetic that fills the layers of fat, making it easier for them to extract the additional fat. During this sort of procedure, the patient lies awake on the operating table and can even perform light motions if needed.

### **Lipodissolve:**

During this type of **Liposuction Surgery**, surgeons use small chemical-filled injections to dissolve the excess fat, making this procedure ideal for patients who wish to improve the aspect of smaller areas of the body.

## How much is liposuction?

The minimally [liposuction cost](#) for different parts of the body are mentioned below:

For abdomen(upper/lower): \$3,000 – \$7,000. Arms: \$1,500 – \$5,000, Buttocks: \$1,500 – \$4,000.

Common side effects of liposuction include swelling, bleeding, bruising, infections, and even modifications in nerve functions. To make sure effects are minimal in the long run, patients need to select only qualified and highly experienced liposuction specialists. Nonetheless, the risks associated with this type of procedure are significantly higher when patients undergo liposuction to get rid of large amounts of excess fat.