

# What is a Brazilian hip lift?

Brazilian butt lift, also known as "butt augmentation" or "hip augmentation," is a procedure designed to give you large, round buttocks and alter your buttocks' contour, size, and [butt shapes](#). This procedure can also slim down the rest of your body.



## Is it safe to have a Brazilian hip lift?

Some people go abroad to buy BBL at a lower cost, which can mean less regulation and a higher risk of complications.

The risks of **bbl surgery** also depend on how much fat you have transferred. As the fat volume transferred to the buttocks increases, so does the risk. "When too much fat is transferred, a myriad of problems can arise." These can include:

- Formation of hard cysts
- Fat gets into your system, gets into your bloodstream, and causes pulmonary embolism, blood clotting, and even death.
- The buttocks sit still, causing the body to deform

## How does BBL surgery work?

A Brazilian Butt Lift (BBL) is a minimally invasive body sculpting procedure that involves liposuction to remove excess fat from an area of the body and inject it into the buttocks to add volume and improve its shape. Patients considering BBL surgery should understand that BBL is not designed to address the buttocks' saggy, wrinkled, or saggy skin. For these problems, a traditional hip lift may be more appropriate. If you are searching for the best clinic for you, then you can see the images of **bbl before and after** transition on their website.

## What results can I expect after BBL?

A Brazilian butt lift, also known as a buttock fat transfer, relies on the patient's natural fat cells to plump and reshape the buttocks. After surgery, a small percentage of fat cells die naturally. Patients must also

undergo proper post-BBL care to ensure that the remaining fat cells will survive. You can see the great **bbf surgery before and after** transformation after BBL surgery. Important [BBL recovery](#) instructions include:



- Avoid direct pressure on the buttocks
- wear baggy pants
- don't sit on your hips
- Use doughnut pillows when you need to sit down
- sleep on your stomach
- eat a healthy diet
- stay hydrated
- do not smoke
- Limit movement until approved by Doctor.

### **How long does BBL last?**

One of the most important things a patient can do over time of **bbf recovery** is avoid significant weight fluctuations. Fat cells transferred during BBL surgery shrink or grow in size with fluctuations in body weight, just like fat cells in other parts of the body. Therefore, gaining or losing weight—whether related to diet, exercise, pregnancy, or other factors—can significantly alter the cosmetic outcome of BBL.

### **Get BBL Surgery, and Look Like Your Favourite Sexy Celebrity**

If you envy the round, full ass you see on social media and magazines, you're not alone. This on-trend look is extremely challenging—and often impossible to achieve with natural methods alone—resulting in many men and women undergoing Brazilian hip lifts every year. To learn more about the incredible **Brazilian butt lift before and after** transformation that BBL surgery can bring, call the best **Brazilian butt lift surgery** clinics today to schedule your one-on-one consultation.

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